

DEPARTMENT OF PHYSICAL EDUCATION

ST. STEPHEN'S COLLEGE, PATHANAPURAM, KOLLAM



ANNUAL REPORT 2022-23

2022 23 is an academic year that has recorded great achievement in sports and representation in various sports fields for St. Stephen's College because for the first time in history 18 students have won various competitions this year and represented Kerala University in inter-university competitions. Out of which 6 students were selected for the university women's volleyball team, eight students for the men's volleyball team, three students for the men's netball team and one student for the women's chess team were selected for the Kerala University teams.

This year Women's Volleyball Men's Volleyball Men's Football Men's Badminton Men's Powerlifting Team, Men's Kho-Kho Team Men's and Women's Athletics Team represented our college in Kerala University Intercollegiate Tournaments in which Men's Volleyball Team defeated Chembazaranti Sri Narayana College and Kerala University won first place. Similarly, the girls' volleyball team won the first place by defeating Chempazhanthy Sree Narayana College and the women's volleyball team participated in the College Games tournament, a tournament to select the best team in Kerala, and won it and was selected as the best team in Kerala.

Training for various teams for various competitions will be started from May 2022 to promote the sporting interest of the college students.

In order to find the best sports players in our college and to ensure sports participation for all the children, this year the annual athletic meet was held on November 16 this year in which the students of all departments will participate and each department will choose a different colour code and march past and stand behind their flag. After that, the National State University star students will walk the torch and the best player will recite the oath of competition and the Principal will host the flag and start the competition. From this, the athletes who got first and second place represent the college and participate in the Kerala University athletic competitions.

This year's annual athletic meet winners were BCom 1st, Economics 2nd and English 3rd which has given the children an inspiration and an opportunity to participate in competitions.

In this academic year Abhijith AS, a volleyball player who studied in the English department of our college, joined the Indian Army as a volleyball player. Similarly, Shaino Simon, who was a member of the women's volleyball teams, got selection at the Paramilitary SSB GD. Nandana has been selected for the KSEB team. With all this, we can see that there has been a great change in the sports activities of the department this year. The 2022-23 report concludes by thanking the principal, management, teachers, non-teachers and coaches for their cooperation.

FACILITIES AVAILABLE 2022-23

FACILITIES AVAILABLE FOR THE STUDENTS

OUT DOOR FACILITIES

- 200 Mts Track
- Football play field
- Cricket play field
- Volleyball court (2 Nos)
- Shuttle badminton court

INDOOR FACILITIES

- Table Tennis board
- Badminton court
- Multi – Gym
- Chess
- Caroms
- Yoga / Aerobic Dance

FACILITIES AVAILABLE FOR THE PUBLIC

- 200 Mts Track
- Football play field
- Cricket play field
- Volleyball court (2 Nos)

ACHIEVEMENTS IN STATE / UNIVERSITY LEVEL

SL. NO.	NAME OF PARTICIPANT	ACHIEVEMENT/ MEDAL	SPORTS/ GAMES	DEPARTMENT
1	ROLI PATHAK	South zone inter University participation and Kerala State senior championship Participation	VOLLEYBALL	Economics
2	PULLARI ANANYA SREE	36 th federation cup volleyball championship (second place) held on April 2023 Kerala state senior volleyball championship 2022 (3rd place) held on 16/07/2022 to 19/07/2022. And South zone inter University participation	VOLLEYBALL	ENGLISH
3	ARYA S	South zone inter University participation	VOLLEYBALL	ECONOMICS
4	SHYNO SAIMON	South zone inter University participation	VOLLEYBALL	B.COM
5	GURU PARIMALA	South zone inter University participation	VOLLEYBALL	B.COM
6	NANDANA V	South zone inter University participation and Kerala State senior volleyball championship	VOLLEYBALL	MATHEMATICS
7	APARNA ASHOK	South zone inter University participation	CHESS	BOTANY
8	FEBIN ISAC	South zone inter University participation	NETBALL	B.Com

9	SAYANTH KIRAN	South zone inter University participation	NETBALL	ENGLISH
10	ASIF SHA J S	South zone inter University participation	NETBALL	ENGLISH
11	THANSEER S	South zone inter University participation	VOLLEYBALL	ENGLISH
12	ABHIJITH S	South zone inter University participation	VOLLEYBALL	ENGLISH
13	MITHUN P V	South zone inter University participation	VOLLEYBALL	ECONOMICS
14	RENJITH . E.S	South zone inter University participation	VOLLEYBALL	ECONOMICS
15	ALWIN . M . ROY	South zone inter University participation	VOLLEYBALL	B.Com
16	SIVASANKARAN M	South zone inter University participation	VOLLEYBALL	B.Com
17	BIBIN BINOV	South zone inter University participation	VOLLEYBALL	ZOOLOGY
18	SUJITH SAJI	South zone inter University participation	VOLLEYBALL	ENGLISH
19	Fousan S	Youth National Participation	VOLLEYBALL	ENGLISH

ACHIEVEMENTS IN STATE / UNIVERSITY LEVEL

SL. NO.	NAME	TOURNAMENT	POSITION	GAME	DEPARTMENT
1	NANDANA V	INTERCOLLEGIATE	WINNER	VOLLEYBALL	MATHEMATICS
2	ROLI PATHAK	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ECONOMICS
3	ARYA S	INTERCOLLEGIATE	WINNER	VOLLEYBALL	B.COM
4	SHYNO SAIMON	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ECONOMICS
5	GURU PARIMALA	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ECONOMICS
6	PULLARI ANANYA SREE	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ENGLISH
7	ARUNIMA S	INTERCOLLEGIATE	WINNER	VOLLEYBALL	BOTANY
8	APARNA ASHOK	INTERCOLLEGIATE	WINNER	VOLLEYBALL	BOTANY
9	DEVA OMANAKUTTAN	INTERCOLLEGIATE	WINNER	VOLLEYBALL	BOTANY
10	SREELEKSHMI T	INTERCOLLEGIATE	WINNER	VOLLEYBALL	BOTANY
11	ANAMIKA.P.S	INTERCOLLEGIATE	WINNER	VOLLEYBALL	CHEMISTRY
12	NITHYA V	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ZOOLOGY
13	MIDHUN P V	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ECONOMICS
14	RENJITH . E.S	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ECONOMICS
15	FEBIN ISAC	INTERCOLLEGIATE	WINNER	VOLLEYBALL	B. COM
16	ADITH. P S	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ENGLISH
17	SAYANTH KIRAN	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ENGLISH
18	ABIN M	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ECONOMICS
19	SIVASANKARAN	INTERCOLLEGIATE	WINNER	VOLLEYBALL	B. COM
20	ABHIJITH S	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ENGLISH
21	AKASH J V	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ECONOMICS
22	MIKHAYEL JOSEPH	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ECONOMICS
23	THANSEER S	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ECONOMICS
24	ALWIN M ROY	INTERCOLLEGIATE	WINNER	VOLLEYBALL	B. COM
25	BIBIN BINOY	INTERCOLLEGIATE	WINNER	VOLLEYBALL	B. COM
26	SUJITH SAJI	INTERCOLLEGIATE	WINNER	VOLLEYBALL	ENGLISH

WINNERS MEDAL

KERALA UNIVERSITY MEN VOLLEYBALL INTERCOLLEGIATE RUNNER

WINNER
2022-23

**Kerala university women volleyball championship Organised by Sree
Narayana College, Chempazhanthy 2022-23**

Runner Up
2022-23

**Kerala university men volleyball championship Organised by Sree
Narayana College, Chempazhanthy 2022-23**

ANNUAL ATHLETIC MEET

Department of Physical Education organized an annual athletic meet, it was held on 16th November 2022. The sports meet was held in College ground. Athletic meet started with march past, received by chief guest Dr. Koshy P M, Principal St. Stephen's College Pathanapuram. Followed by the Olympic torch carried by current University players of our institution. After arrival of Olympic torch the flag hosted by Principal with the presence of Rev. Dr. Roy John, Rev. Dr. George Mathew and Dr. Subin Raj S S Head of the Department, department of Physical Education.

The B.Com department won the overall championship







MJOR ACHIEVEMENT OF THE DEPARTMENT

- **Volleyball women Kerala University intercollegiate winner**
- **Volleyball men Kerala University intercollegiate winner**
- **18 students were participated for Interuniversity championships**
- **Two Youth National Participation**

● PLACEMENT DETAILS OF 2022-23

1. Abhijith A S Joined INDIAN Army as a Volleyball player

REGD BY POST
MADRAS REGT CENTRE,
WELLINGTON (NILGIRI)

01-Feb-2023

Roll No MRW/KER/AGD/150123/140289
Name ABHIJITH A S
S/o ANIL KUMAR C
Village NEDUMPANA
Tehsil KOLLAM
Post NEDUMPANA
District KOLLAM
State Kerala
Pin 691576

CALL LETTER FOR DESPATCH : CEE 15-01-2023

Dear Candidate,

1. Congratulations, You have provisionally been selected for recruitment in **AGNIVEER (GENERAL DUTY)** on the basis of the merit of CEE held on **15-01-2023**. Your candidature will be final only after clearing the 'Medical Examination', detailed checking/verification of complete documents and fulfillment of all

2. You are hereby directed to report to **MADRAS REGT CENTRE, WELLINGTON (NILGIRI)** at the earliest by **22-Feb-23** alongwith the following documents in original, for enrolment formalities and subsequent despatch to training center:

- (a) Call up Notice(this letter).
- (b) Admit card and Identity Photograph
- (c) Ten copies of fresh passport size photographs.
- (d) All educational certificates and Marks Sheets in original.
- (e) Gazette or Cross List(X List) if passed as private candidate/holding hand written/duplicate education certificate duly signed by Principal and countersigned by District Education Officer (DEO).
- (f) Domicile certificate issued by DM/SDM, as applicable.
- (g) Caste Certificate issued by Tehsildar/Gram Pradhan/Sarpanch (duly mentioned the particular caste).
- (h) Character Certificate duly signed by Gram Pradhan/Sarpanch.
- (i) Unmarried/married certificate duly signed by Gram Pradhan/Sarpanch.
- (j) Two copies of joint photograph(individual along with his wife)duly verified and attested by Village Sarpanch/Tehsildar (For married candidates only).
- (k) Character/Pre verification certificates as per specimen attached duly completed in all respects (i.e. affix a copy of group photo of the family)and authenticate/signed by the competent authority.
- (l) Affidavit for variation in self name/father's name or any other variation in any certificate be produced duly signed by 1st Class magistrate(DM/SDM).
- (m) Two photocopies of all certificates/documents (i.e. educational, domicile ,caste,character, unmarried/married, pre verification and affidavits etc).
- (n) Verification of the following be completed from concerned Record Office, if these particulars are not available in the Discharge Book Ex Servicemen/War Widows:-
- (o) Relation Certificate issued by Records Office concerned only.
- (p) An 'Affidavit' duly sworn by the candidate in before the Executive Magistrate/Sub Divisional Magistrate of the concerned Tehsil with 'Round Stamp' (Sample copy att).
- (r) Photo copy of Pay Book/Discharge Book of your father/brother or Pension Book of 'Mother' in case of son of widow duly attested.
- (s) Death certificate issued by MH/Registrar of Birth and Death in case Father/Brother is deceased.
- (t) For candidates between 17 1/2 and 18 years of age, Affidavit on Rs. 10/- Non Judicial Stamp Paper in English from parents and Notary.
- (u) NCC/Sports Certificate from the concerned authorities if any.
- (v) Pre-verification of Police.
- (w) Copy of PAN, AADHAAR and VOTER Cards.

3. This letter stands automatically nullified/cancelled at the time of despatch, if any discrepancy is found in medical/physical/both/lack of production of documents/hiding of facts.

PASSED

(NS DHALIWAL)
MAJ
ADJT
MRC

Encls:As above

2. SHYNO SAIMON GOT SELECTION IN PARAMILITARY SSB (Awaiting Appointment order)

3. NANDANA V GOT SELECTION IN KERALA ELECTRICITY BOARD,
THIRUVANANTHAPURAM (Awaiting Appointment order)