

7.2 Best Practices

Describe at least two institutional best practices

Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link

As an educational institution functioning in an economically backward village area, the college undertakes many initiatives for the benefit of all the stakeholders specially inculcating social and moral values among the students. Here we are quoting two of our best activities based on the motto “**Through me for others**” as our best practices:

1. “Sanjeevani”- Life saving practices.

2. “Kaushal Vikas”- Learn, Do and Earn

1. “Sanjeevani”- Life saving practices.

“**Sanjeevani**” is a magical herb, which is mentioned in Ramayana, and has the power to reverse even death. With this in mind we had selected the same name for our life saving practices.

OBJECTIVES:

- To motivate the students by adopting the slogan "Share life, give blood".
- To create awareness and motivate students for voluntary non-remunerated blood donation.
- To inculcate the sense of social responsibility among students.
- To develop sensitivity among students regarding maintenance of a healthy lifestyle.

CONTEXT:

The nearby hospitals collaborate with the college for the purpose of blood donation. The enquiries from the hospitals are met by blood donors of the college, mainly NCC and NSS volunteers take up the orders to meet the demands. Various organizations from outside send circulars to the College to conduct such programmes to enhance the social outlook among students. The health club of college organises medical camps for students in collaboration with nearby hospitals.

PRACTICE:

Blood Donation Forum: The College has a very active Blood Donation forum functioning under the leadership of NCC. It inspires the students to care for one another and promote community relationships. The functioning of the forum is in such a way that the forum identifies the blood group of students. After getting permission from students and their parents, a directory is maintained in the college that keeps a record of blood groups and the contact details of the donors. Genuine patients could approach the forum and students with the compatible blood groups are deputed with the permission from their parents for donating blood. A register on the names of the deputed students is kept by the forum. The forum conducts the following practices:

- Conduct awareness classes
- Inform the students about the norms of blood donation
- Obtain the Consent from the ward and parent in the prescribed proforma
- Prepare a directory of donors
- At the time of receiving the demand for blood, the concerned students are informed of the same.

Blood Donation Camp: The Post graduate and Research Department of Zoology organized a Blood Donation Camp in association with various nearby hospitals and medical colleges. The college conducts a blood donation camp in collaboration with Kerala State Aids Control. The students who donated blood were given certificates. The aim of the campaign is to highlight the key role of voluntary non-remunerated blood donation for strengthening social relationships and to boost the community participation towards a healthier society.

Medical camp and Health awareness class :

Health club of college conducted a free medical Health Check up camp for students in collaboration with Mount Zion Medical College ,Chayalode. The Women cell also organised a health awareness programme on women health and healthy diet which was led by doctors from Taluk Hospital ,Kottarakkara. -

SUCCESS:

Blood donation is an initiative that has now received a high level of acceptance. It gives social outlook and social commitment among students. Informally the students learn the value of sharing. Social responsibilities among students have increased and they accepted the slogan "Share life, give blood". Students got awareness about various healthy practices for a better life.

PROBLEM ENCOUNTERED AND RESOURCES:

We came across a lot of myths and misconceptions regarding blood donation prevalent among students. Most of them fear pain during donation and infections acquired from the use of non-sterile instruments during donation. Many had apprehensions about post donation weakness. Social prejudices that prevail on the sharing of blood. So many people believe that blood should not be shared. This social belief needs to be broken. The continuous awareness campaign creates a positive environment to spread the value of blood donation.

2. “Kaushal Vikas”- Learn, Do and Earn.

“Kaushal vikas” programme aims at taking initiative for skill development among the students and enabling them to enjoy the fruits of their own creativity by marketing it economically. Recycling eco-friendly trash objects is a commendable practice that promotes value to the waste materials. Upcycling discarded materials also reduces environmental pollution. The purpose of the programme is to engender skills among students by providing training for making useful items from waste materials. The motto of the programme is “use, reuse thereby save your environment and develop your skills.”

OBJECTIVES OF THE PRACTICE:

- To develop skills for making useful items, to reduce environment pollution and to develop the attitude of self-employment among students
- To create among students an understanding of art,craft and design in a variety of contexts-historical,cultural,economic,social and personal.

CONTEXT:

Craft making is really useful for the students in the present scenario because it improves the creative ability, and attitude of the students and develops innovative thinking skills. The creation of new things is beneficial to the society in the sense that the items made by the students are environment friendly and can replace the products which are harmful to the society.

Commerce square is a marketplace that focuses on providing opportunities to market the products which are made in the craft making practice of the department. This improves a student's ability to sell the products and also identifies their self-employment ability.

PRACTICE:

- Identify the skilled students in craft making
- Provide training for improving the creativity of students
- Enable the students to give training to other students in their class
- Collect the list of products to be sold in the market
- Organize marketplace for the products

SUCCESS:

The initiative of the department was a great success as the students got the ability to create something productive from the waste materials and also to find a marketplace for their products. The students were in great enthusiasm in selling their products and getting a positive result on their creativity. Such an initiative enables the students to improve their skills by creatively producing products and enhance their saving habit by selling their own products.

PROBLEMS ENCOUNTERED AND RESOURCES:

- Non availability of time for craft making practices
- Inability to attract more customers to the market