

## Institutional Distinctiveness

Provide the details of the performance of the institution in one area distinctive to its vision, priority and thrust

Provide the weblink of the institution in not more than 500 words

The faculty of Physical Education started in St. Stephen's College in 1964 with the motto *-A healthy mind lives within a healthy body.* In addition to the academic performance, the college has attained a name and fame among the educational institutions through its sports activities and thus sports become an inevitable part of our College. The institution is highly reputed for its achievements in sports especially in volleyball. Kerala State Sports Council has assigned a coach to our college for training the students.

Our college is one of the sports centres recognised by the University of Kerala and the Kerala State Sports Council for volleyball. We have sports hostels supported by the ***Kerala State Sports Council of Kerala.*** Mar Thoma Dionysius all Kerala intercollegiate volleyball championship instituted by the college held on 12-16 August 2019. The physical education department has a fitness training centre, volleyball court, badminton court, football field, Kabaddi court and 200 meter track area. This year we proudly organised ***Kerala University men and women Cross country Championship and Kerala University North Zone Volleyball Championship***

Our college proudly presents International players, National Players, State championship winners, both men and women inter university players. Ajith Lal, representing Indian team who trained from here in the ground of our St. Stephen's as a volleyball player.

Our National Players are

- Vignesh Raj (Alumni) – Represented Services Team In National Championships
- Rahul K - Member Of Kerala State Youth Volleyball Team And Got First Place In The National Championship Held At Chirava, Rajasthan
- Muthu Elakia - Member Of Kerala State Youth Khelo India And Junior Volleyball Team In The National Championship
- Annu Dvi - Member Of Kerala State Junior Volleyball Team In The National Championship

We proudly present Our State Championship Winner Prabhav A K, who is the Winner Of 40<sup>th</sup> State Senior Karate Championship, Held At Rajiv Gandhi International Indoor Stadium Kottayam 19<sup>th</sup> January 2020. We have an Inter University Players Men Team -Rahul K, Bibin Binoy, Vishal Madhu, Muhammed Sufiyan, Akshay. M and Prakash M – Represented Kerala University Men Volleyball Team and Participated in South Zone Inter University Championship Organised by Krishna University held at Cvv Gvt. College, Vijayawada, Andhra Pradesh. Our Inter University Players Women team are Roli Pathek, Arya S, Shyno Saimon, Archana Dhamaraj Kelkonda, Guru Parimala and Annu Devi– Represented Kerala University Women Volleyball Team

And Participated South Zone Inter University Championship Held At Srm University, Chennai.

The main achievements of our college sports team are

1. Winner of Kerala university men volleyball championship Organised by S N College, Chempazhanthy 2019-20
2. Winner of Kerala university women volleyball championship Organised by Peet memorial Training College, Mavelikkara 2019-20
3. Winner of 41<sup>st</sup> Bishop Vayalil all kerala men volleyball championship organised by the department of physical Education, St. Thomas college, Pala, Kottayam.
4. First Runner up of 33<sup>rd</sup> Mar Thoma Dionysius all Kerala intercollegiate volleyball championship
5. First Runner up of Pattom all Kerala Inter collegiate volleyball tournament organised by pattern volley club, Karanthoor, Kozhikode.
6. First Runner up of PRABHAV A K 40<sup>th</sup> State senior Karate Championship held at Rajiv Gandhi International indoor Stadium Kottayam on 19<sup>th</sup> January 2020.

Here we present some of the important participation and semifinalist of our college sports team

1. Kerala University Chess men intercollegiate Championship, 4<sup>th</sup> Place organised by Bishop Moore College, Mavelikkara
2. Kerala University Cross Country Men and Women intercollegiate Championship, organised by St. Stephen's College, Pathanapuram
3. Kerala University Kabaddi men intercollegiate Championship, organised by S N, College, Cherthala.
4. Kerala University Badminton intercollegiate Championship, Organised by Sree Ayyappa College, Chengannur.
5. Kerala University Athletic meet intercollegiate Championship, organised by DPE, University of Kerala, Thiruvananthapuram.
6. South India Interuniversity level championship organised by St. Pius X College, Rajapuram, Kanhangad, Kasaragod. on 12<sup>th</sup> to 16<sup>th</sup> February 2020
7. 32<sup>st</sup> Bishop Tharayil Memorial all Kerala Inter collegiate Volleyball tournament, organised by Department of Physical Education, St. Stephen's College, Uzhavoor. Kottayam. on 3<sup>rd</sup> and 4<sup>th</sup> February 2020
8. 2<sup>nd</sup> sree, C V Jacob ever rolling trophy for all Kerala intercollegiate, volleyball tournament organised by



Department of Physical Education, St. Peter's college, Kolenchery, Eranakulam on 6<sup>th</sup> and 7<sup>th</sup> February 2020-02-19

9. 75<sup>th</sup> Fr. Bartholomew memorial all Kerala intercollegiate volleyball tournament Organised by Department of Physical Education, S H College, Thevara, Ernakulam on 14<sup>th</sup> to 17<sup>th</sup> February 2020

10. 1<sup>st</sup> Aloysian all Kerala intercollegiate volleyball tournament organised by Department of Physical Education, St. Aloysius College, Edathuwa, Alappuzha. On 10<sup>th</sup> and 11<sup>th</sup> february 2020

11. Kerala University Powerlifting intercollegiate Championship, organised by DPE, University of Kerala, Thiruvananthapuram.

12. Kerala University Football men intercollegiate Championship, organised by TKMCE, Kollam.

13. Kerala University Cricket men intercollegiate Championship, organised by DB College, Sasthamcotta, Kollam.

Our students placement details during 2019-2020 are

1. Rahul K, got appointment in Kerala Police as a volleyball player
2. Jayakrishnan M R Got appointment in Assam Rifles as a volleyball player
3. Sajid S got placement in Merchant Navy