

DEPARTMENT OF PHYSICAL EDUCATION

ST. STEPHEN'S COLLEGE, PATHANAPURAM, KOLLAM

ANNUAL REPORT 2020-21

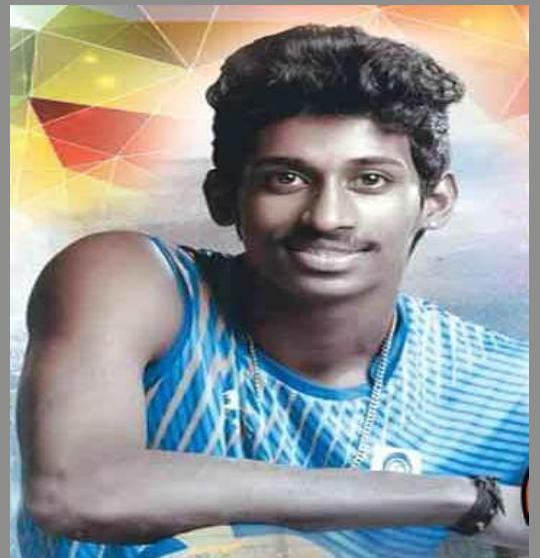
***OUR COLLEGE IS ONE OF THE BEST SPORTS CENTRE IN INDIA BECAUSE WE
MADE TWO INTERNATIONAL PLAYERS***

OUR INDIAN INTERNATIONAL PLAYERS



SHIJAS MUHAMMED

1996-1998



AJITH LAL C

2015-2017

FACILITIES AVAILABLE 2020-21

FACILITIES AVAILABLE FOR THE STUDENTS

OUT DOOR FACILITIES

- 200 Mts Track
- Football play field
- Cricket play field
- Volleyball court (2 Nos)
- Shuttle badminton court

INDOOR FACILITIES

- Table Tennis board
- Badminton court
- Multi – Gym
- Chess
- Caroms
- Yoga / Aerobic Dance

FACILITIES AVAILABLE FOR THE PUBLIC

- 200 Mts Track
- Football play field
- Cricket play field
- Volleyball court (2 Nos)

ACHIEVEMENTS IN STATE / UNIVERSITY LEVEL

Sl. No.	NAME OF PARTICIPANT	LEVEL OF PARTICIPATION	ACHIEVEMENT/ MEDAL	SPORTS/ GAMES	DEPARTMENT
1	ROLI PATHEK	Intercollegiate	First Place	Volleyball	English
2	MUTHU EKAKIA	Intercollegiate	First Place	Volleyball	B.Com
3	ARYA S	Intercollegiate	First Place	Volleyball	Economics
4	SHYNO SAIMON	Intercollegiate	First Place	Volleyball	B.Com
5	ARCHANA DHAMRAJ KELKONDA	Intercollegiate	First Place	Volleyball	B.Com
6	GURU PARIMALA	Intercollegiate	First Place	Volleyball	B.Com
7	ANNU DEVI	Intercollegiate	First Place	Volleyball	English
8	LAVANYA MAHAJAN	Intercollegiate	First Place	Volleyball	English
9	NANDANA V	Intercollegiate	First Place	Volleyball	Mathematics
10	BEENA VARGHESE	Intercollegiate	First Place	Volleyball	Economics
11	NAMITHA.M.S	Intercollegiate	First Place	Volleyball	Economics
12	PULLARI ANANYA SREE	Intercollegiate	First Place	Volleyball	B.Com
13	ATHUL BABU P B	Intercollegiate	Second place	Volleyball	B.Com
14	AKSHAY M	Intercollegiate	Second place	Volleyball	Economics
15	BIBIN BINOY	Intercollegiate	Second place	Volleyball	Botany
16	AKHIL KUMAR. A.S	Intercollegiate	Second place	Volleyball	English
17	SUHAIB S	Intercollegiate	Second place	Volleyball	Economics
18	PRANAV V V	Intercollegiate	Second place	Volleyball	Economics
19	BIBIN BOVAS	Intercollegiate	Second place	Volleyball	B.Com
20	AJITH S	Intercollegiate	Second place	Volleyball	Economics
21	AMAL K	Intercollegiate	Second place	Volleyball	Economics
22	RAHUL RAJ N	Intercollegiate	Second place	Volleyball	English
23	THANSEER S	Intercollegiate	Second place	Volleyball	Economics
24	SIBIN SUNNY	Intercollegiate	Second place	Volleyball	Economics

DEPARTMENT OF PHYSICAL EDUCATION
ST. STEPHEN'S COLLEGE, PATHANAPURAM

NATIONAL LEVEL
WEBINAR SERIES
On
Influence of Proper Exercises in the prevention of Pathogenic Diseases
11th & 17th FEBRUARY 2021

Link: <https://meet.google.com/wmi-qnzx-wri> MORE

11th FEBRUARY 06.45 PM

Welcome Speech : **Fr. Dr. Roy John** (Governing body Member, Asst. Professor and HoD Department of Botany)

Presidential Address : **Dr. K. P. Laladhas** (Principal)

Felicitation : **Fr. Dr. N. J. Koshy** (Governing body Member, Asst. Professor, Department of Mathematics)

INAUGURATION **Mr. Chitharsh Natesan**
Mr. Universe & Mr. Asian

11th FEBRUARY 07.00 PM

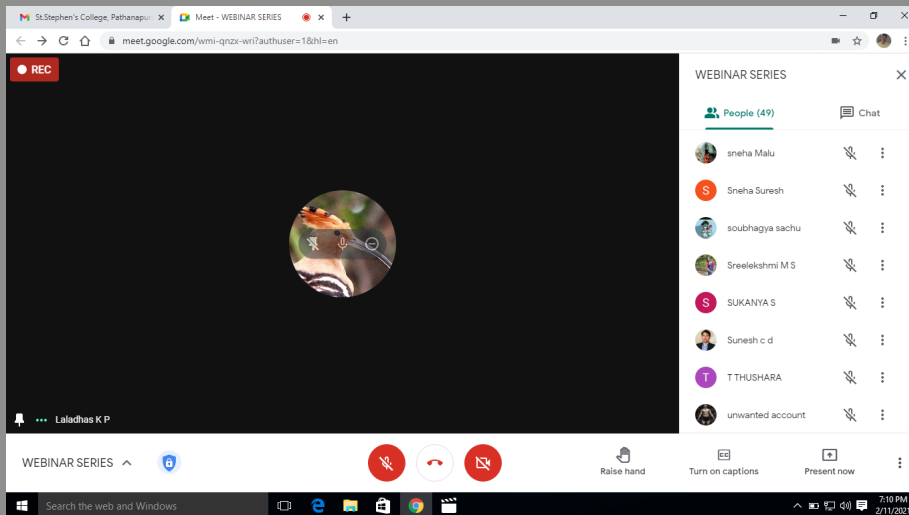
Dr. SHERSHA
Former Associate Professor & HoD
Department of Physical Education
TKM ARTS & SCIENCE COLLEGE, KOLLAM
Founder President of National
Wellness Association and Principal Investigator
of UGC Major Research Project
"Exercise & Diseases"

17th FEBRUARY 07.00 PM

Dr. FRAIJO S C
Assistant Professor and HoD
Department of Physical Education
Govt. College, Thalassery.

Convenor : **Dr. Subin Raj S.S.** 09847578114
Assistant Professor and HoD
Department of Physical Education, St. Stephen's College, Pathanapuram.

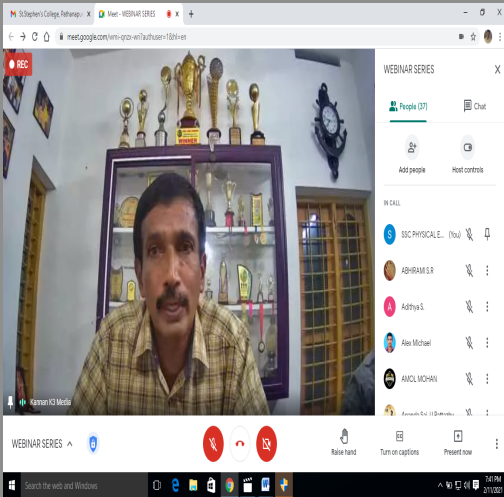
PROGRAMME BROCHURE



Dr. K.P. Laladhas, Principal of the College presided over the function and delivered presidential address



**Inaugurated By Mr. Chitharesh Natesan
Mr. India, Mr. Asian and Mr. Universe**



Dr. Shersha, (First day Resource person)



Dr. Fraijo S C, (Second day Resource person)

THIS YEAR WE MADE NEW HISTORY AT UNIVERSITY OF KERALA

BOTH MEN & WOMEN TEAM BAGGED WINNERS MEDAL

WINNER
2020-21

**Kerala university women volleyball championship Organised by NSS
College, Nilamel 2020-21**

Runner Up
2020-21

**Kerala university men volleyball championship Organised by NSS
College, Nilamel 2020-21**

PLACEMENT DETAILS OF 2020-21

PLACEMENT DETAILS OF 2020-21

1. Akshay A (Mathematics 2018-201)

<https://drive.google.com/drive/folders/1ovqcXcli8K-iDIEdQcHzGEmVXy8GltxT?usp=sharing>

2. RAHUL R (Physics 2017-20)

https://drive.google.com/file/d/1TuTt48_EpCVr_UYfOiZUH7kG9hD3_JRW/view?usp=sharing

MAJOR ACHIEVEMENT OF THE DEPARTMENT

- Volleyball women Kerala University intercollegiate winner
- Volleyball men Kerala University intercollegiate Runner up
- Organised two days webinar

BEHIND THIS SUCCESS TWO EMINENT COACHES WORKED, THEY ARE



Mr. BIJU MATHEW
Men Volleyball Coach (Rtd)
KSSC



Mr. JEWEL S. R
Women Volleyball Coach
SAI

Dr. SUBIN RAJ S S

Assistant Professor and Head

Department of Physical Education