

DEPARTMENT OF PHYSICAL EDUCATION

ST. STEPHEN'S COLLEGE, PATHANAPURAM, KOLLAM

ANNUAL REPORT 2019-20

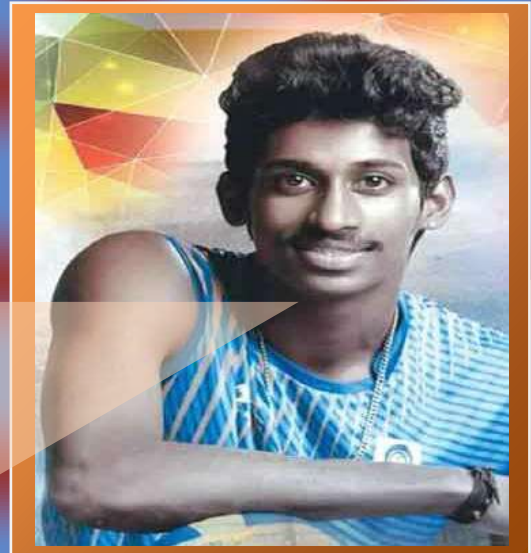
***OUR COLLEGE IS ONE OF THE BEST SPORTS CENTRE IN INDIA BECAUSE WE
MADE TWO INTERNATIONAL PLAYERS***

OUR INDIAN INTERNATIONAL PLAYERS



SHIJAS MUHAMMED

1996-1998








AJITH LAL C

2015-2017

FACILITIES AVAILABLE 2019-20

FACILITIES AVAILABLE FOR THE STUDENTS






OUT DOOR FACILITIES

-  200 Mts Track
-  Football play field
-  Cricket play field
-  Volleyball court (2 Nos)
-  Shuttle badminton court

INDOOR FACILITIES

-  Table Tennis board
-  Badminton court
-  Multi – Gym
-  Chess
-  Caroms
-  Yoga / Aerobic Dance

FACILITIES AVAILABLE FOR THE PUBLIC

-  200 Mts Track
-  Football play field
-  Cricket play field
-  Volleyball court (2 Nos)
-  Shuttle badminton court

ACHIEVEMENTS IN NATIONAL/INTERUNIVERSITY LEVEL

Sl. No.	NAME OF PARTICIPANT	LEVEL OF PARTICIPATION	ACHIEVEMENT/ MEDAL	SPORTS/ GAMES	DEPARTMENT
1	RAHUL K	YouthNational	First Place	Volleyball	English
2	MUTHU ELAKIA	Youth under 21 Khelo India & Junior National	First Place and Second place respectively	Volleyball	B.Com
3	ANNU DEVI	Junior National	Second place	Volleyball	English
4	VISHAL MADHU	Interuniversity	Participation	Volleyball	English
5	MUHAMMED SUFYAN	Interuniversity	Participation	Volleyball	English
6	BIBIN BINOY	Interuniversity	Participation	Volleyball	Botany
7	PRAKASH M	Interuniversity	Participation	Volleyball	Botany
8	RAHUL K	Interuniversity	Participation	Volleyball	English
9	AKSHAY M	Interuniversity	Participation	Volleyball	Economics
10	ROLI PATHEK	Interuniversity	Participation	Volleyball	English
11	MUTHU EKAKIA	Interuniversity	Participation	Volleyball	B.Com
12	ARYA S	Interuniversity	Participation	Volleyball	Economics
13	SHYNO SAIMON	Interuniversity	Participation	Volleyball	B.Com
14	ARCHANA DHAMRAJ KELKONDA	Interuniversity	Participation	Volleyball	B.Com
15	GURU PARIMALA	Interuniversity	Participation	Volleyball	B.Com
16	ANNU DEVI	Interuniversity	Participation	Volleyball	English

ACHIEVEMENTS IN STATE / UNIVERSITY LEVEL

Sl. No.	NAME OF PARTICIPANT	LEVEL OF PARTICIPATION	ACHIEVEMENT/ MEDAL	SPORTS/ GAMES	DEPARTMENT
1	RAHUL K	Intercollegiate	First Place	Volleyball	English
2	AKSHAY M	Intercollegiate	First Place	Volleyball	Economics
3	BIBIN BINOY	Intercollegiate	First Place	Volleyball	Botany
4	VISHAL MADHU	Intercollegiate	First Place	Volleyball	English
5	MUHAMMED SUFIYAN	Intercollegiate	First Place	Volleyball	English
6	PRAKASH M	Intercollegiate	First Place	Volleyball	Botany
7	BIBIN BOVAS	Intercollegiate	First Place	Volleyball	B.Com
8	AJITH S	Intercollegiate	First Place	Volleyball	Economics
9	AMAL K	Intercollegiate	First Place	Volleyball	Economics
10	JOISEMON ISSAC	Intercollegiate	First Place	Volleyball	English
11	THANSEER S	Intercollegiate	First Place	Volleyball	Economics
12	SHAYMJIH P S	Intercollegiate	First Place	Volleyball	B.Com
13	PRABHAV A K	Sate	Second Place	Karate	English
14	ROLI PATHEK	Intercollegiate	First Place	Volleyball	English
15	MUTHU EKAKIA	Intercollegiate	First Place	Volleyball	B.Com
16	ARYA S	Intercollegiate	First Place	Volleyball	Economics
17	SHYNO SAIMON	Intercollegiate	First Place	Volleyball	B.Com
18	ARCHANA DHAMRAJ KELKONDA	Intercollegiate	First Place	Volleyball	B.Com
19	GURU PARIMALA	Intercollegiate	First Place	Volleyball	B.Com
20	ANNU DEVI	Intercollegiate	First Place	Volleyball	English
21	ATHIRA KRISHNAN	Intercollegiate	First Place	Volleyball	B.Com
22	BEENA VARGHESE	Intercollegiate	First Place	Volleyball	Economics
23	NAMITHA.M.S	Intercollegiate	First Place	Volleyball	Economics
24	REVATHY MOHAN	Intercollegiate	First Place	Volleyball	Economics
25	SANGEETHA.S	Intercollegiate	First Place	Volleyball	Economics

OUR NATIONAL PLAYERS 2019 -20



VIGNESH RAJ

2015-2018



RAHUL K

2016-2020



MUTHU ELAKIA



ANNU DEVI

STATE AND INTERUNIVERSITY MEN PLAYERS 2019-20



State championship winner Mr. PRABHAV A K
(3rd BA English)



RAHUL K, Kerala University Team Member
(3rd BA English)



BIBIN BINOY Kerala University Team Member
(2nd BSc Botany)



VISHAL MADHU, Kerala University Team Member
(3rd BA English)



MUHAMMED SUFIYAN, Kerala University Team Member
(3rd BA English)



PRAKASH P S, Kerala University Team Member
(3rd BSc Botany)



AKSHAY. M, Kerala University Team Member
(2nd BA Economics)

STATE AND INTERUNIVERSITY WOMEN PLAYERS 2019-20



ANNU DEVI (1st BA English)
Kerala University women team member



ARCHANA DHAMARAJ KELKONDA
(1st BCom) Kerala University team member



ARYA S (1st BA Economics)
Kerala University women team member



MUTHU ELAKIA (1st BCom)
Kerala University women team member



ROLI PATHEK (1st BA English)
Kerala University women team member



SHYNO SAIMON (1stBCom)
Kerala University women team member



GURU PARIMALA (1stBCom)
Kerala University women team member

THIS YEAR WE MADE NEW HISTORY AT UNIVERSITY OF KERALA

BOTH MEN & WOMEN TEAM BAGGED WINNERS MEDAL



KERALA UNIVERSITY WOMEN VOLLEYBALL INTERCOLLEGIATE WINNER



KERALA UNIVERSITY MEN VOLLEYBALL INTERCOLLEGIATE WINNER

PROUDLY ORGANIZED TWO ALL KERALA INTERCOLLEGIATE TOURNAMENT AND THREE KERALA UNIVERSITY INTERCOLLEGIATE

The Department of Physical Education Proudly Organized 33rd MarThoma Dionysius all Kerala intercollegiate volleyball championship and Very. Rev. Aprem Ramban memorial Women tournament, held on 12th to 16th August 2019.

The tournament inaugurated by Mr. K B Ganeshkumar (MLA), Prize distributed by Adv. S. Venugopal (Vice President, Dist. Panchayath). In the Presence of Very Rev. Younan Samuel Ramban, Manager, Mount Tabor Institution. Dr.K. P. Laladas Principal presided over the tournament. Total 13 men college teams and 6 women college teams Participated and the final match Played between St. Stephens college, Pathanapuram and St. Thomas college, Pala. The St. Thomas College, Pala bagged winner's crown in the men section. Women tournament Alphonsa College, Pala lose the final match against Assumption College, Changanacherry.

The Department of Physical Education again Proudly Organized Men and Women Cross Country and north zone intercollegiate for University of Kerala.

The men cross country flag off done by circle inspector of police Pathanapuram Mr. Anwar. M, and women championship flag off by Rev. Fr. Benjamin Mathen (Secretary, Mount Tabor Institution). After the Prize distribution ceremony chaired by Dr. K. P. Laladhas Principal. Prize distributed by Very Rev. Younan Samuel Ramban, Manager, Mount Tabor Institution. Felicitated by Dr. Jayaraj David, Director of Physical Education University of Kerala and Fr. N. J. Koshy (Governing body member)



BROCHURES OF THE TOURNAMENTS

**ST. STEPHEN'S COLLEGE
PATHANAPURAM**

**33rd
MARTHOMA DIONYSIUS MEN
APREM RAMBAN WOMEN
ALL KERALA INTER COLLEGIATE
VOLLEYBALL
TOURNAMENT**

12-16 August 2019

**Tournament Inauguration
Mr. K.B. Ganeshkumar M.A.**

**Prize Distribution
Adv. S. Venugopal
(Vice President, Stab. Panchayat)**

**In the presence of
Very Rev. Younan Samuel Ramban
(Manager, Mount Tabor Institutions)**

FIXTURE

1. St. Stephens College, Pathanapuram	12.00.15
2. K.E College, Mannam	12.00.15
3. St. Thomas College, Kottancherry	12.00.15
4. Bishop Moor College, Mavelikara	12.00.15
5. BPC College, Piravem	12.00.15
6. St. Peter's College, Kottancherry	12.00.15
7. St. George College, Auvithara	12.00.15
8. M.A College, Kottamangalam	12.00.15
9. S.N. College, Chempazhanthi	12.00.15
10. St. Stephens College, Pathanapuram	12.00.15
11. C.M.S College, Kottayam	12.00.15
12. S.H. College, Thiruvira	12.00.15
13. St. Thomas College, Pala	12.00.15

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**ST. STEPHEN'S COLLEGE
PATHANAPURAM**

Dear Sir/Madam

Marthoma Dionysius All Kerala Inter-Collegiate Volleyball Tournament and very Rev. Aprem Ramban Memorial Women Volleyball Tournament will be held from 12 to 16th August at our College ground.

We also solicit your presence and co-operation for the Tournament.

Dr. K.P. Laladas (Principal) **Fr. George Mathew (Convenor)**

Dr. Subin Raj S.S. (Organising Secretary)

ORGANISING COMMITTEE

Dr. K.P. Laladas
Mr. Ray John
Fr. George Mathew
Dr. Sreejai R
Mr. Sandhu John Sojan

Mr. Liju T. Varghese
Fr. Dr. Roy John
Dr. Subin Raj S.S.
Mr. Biju Mathew

ADVISORY COMMITTEE

Mr. Jacob Thomas
Rev. Fr. Jacob Ray N.J.
Mr. Renu Thomas
Dr. Heena Suzzon Jothua
Capt. Dr. Koshiy P.M.
Mr. Sam M. Kunjiku

FINANCE COMMITTEE

Fr. Koshiy N.J.
Mr. Ambily C.R.
Fr. Dr. Roy John
Mr. Varghese George

PUBLICITY COMMITTEE

Dr. Pournami P.
Dr. Rakesh Chandran
Dr. Sujamol M.S.
Mr. Sharan S.
Dr. Anoop M.R.

RECEPTION COMMITTEE

Dr. Sajudeen P.A.
Mr. Shibi Krishnan
Mr. Suchilira S.
Mr. Saja Jacob
Mr. Anju Mathew

DISCIPLINE COMMITTEE

Mr. Jolly Malayam
Dr. Shibu P. Varghese
Mr. Sheeba Baby Alex
Mr. Rini Varghese
Mr. Seena Sivadas
Dr. Sheeba K. John
Dr. Sharine Alex
Dr. Mary Varghese
Dr. Sheela Alexander
Dr. Binnyal C.G.

JURY OF APPEAL

Fr. George Mathew
Dr. Subin Raj S.S.
Biju Mathew

CULTURAL COMMITTEE

Mr. Moja K. Koshiy
Mr. Chiraku Mathew
Mr. Chiraku Martin Abraham
Dr. Pillai Aswathy Mohan
Dr. Sunesh C.D.
Mr. Blessen Mathew
Mr. Reshmi B.
Mr. Athira M.S.

FIXTURE

1. Assumption College, Changanacherry	14.00.15
2. St. Xavier's College, Aluva	13.00.15
3. K.M College, Kannur	13.00.15
4. St. Stephens College, Pathanapuram	13.00.15
5. St. Xavier's College, Thumpu	13.00.15
6. Alphonsa College, Pala	13.00.15

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**ST. STEPHEN'S COLLEGE
PATHANAPURAM**

**Kerala University Inter Collegiate
Cross Country Championships
(MEN & WOMEN)**

4th and 5th September 2019

DEPARTMENT OF PHYSICAL EDUCATION

Dear Sir/Madam

Kerala University Inter Collegiate Cross Country Championships (Men & Women) is scheduled to be on 4th and 5th September 2019. St. Stephens College, Pathanapuram proudly hosts the event. We solicit your earnest support for the Championships.

**Dr. K.P. Laladas
Principal**

**Dr. Subin Raj S.S.
Convenor**

Inauguration & Prize Distribution
Very Rev. Younan Samuel Ramban
(Manager, Mount Tabor Institutions)

Flag off (Men)
Mr. Anwar M.
(Circle Inspector of Police, Pathanapuram)

Flag off (Women)
Rev Fr. Benjamin Mathen
(Secretary, Mount Tabor Institutions)

ORGANISING COMMITTEE

Very Rev. Younan Samuel Ramban
(Patron)
Rev. Fr. Benjamin Mathen
(Co-Patron)
Dr. K.P. Laladas (Principal)
Mr. Ray John
Fr. George Mathew
Dr. Sreejai R
Mr. Sandhu John Sojan
Mr. Liju T. Varghese
Fr. Dr. Roy John
Dr. Subin Raj S.S.
Mr. Biju Mathew

Route: MOUNT TABOR DIARA → PTM TOWN → KALLUMKADAVU → PUTHUVAL → MALOOR → KUTTIKKADU PALAM → ST. STEPHENS COLLEGE

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ALL KERALA INTERCOLLEGIATE TOURNAMENTS

33RD MAR THOMA DIONYSIUS ALL KERALA INTERCOLLEGIATE VOLLEYBALL CHAMPIONSHIP FOR MEN



**VERY REV. APREM RAMBAN MEMORIAL ALL KERALA
INTERCOLLEGIATE VOLLEYBALL CHAMPIONSHIP FOR WOMEN**



ASSUMPTION COLLEGE, CHANGANACHERRY RECEIVING WINNERS TROPHY



ALPHONSA COLLEGE, PALA RECEIVING RUNNERS TROPHY

KERALA UNIVERSITY INTERCOLLEGIATE

KERALA UNIVERSITY MEN CROSS COUNTRY CHAMPIONSHIP



KERALA UNIVERSITY WOMEN CROSS COUNTRY CHAMPIONSHIP





**KERALA UNIVERSITY WOMEN CROSS COUNTRY CHAMPIONSHIP WINNER
ST. JOHN'S COLEGE, ANCHAL TEAM RECEIVED TROPHY FROM COLLEGE
MANAGER VERY. REV. YOUNAN SAMUEL RAMBAN**



**KERALA UNIVERSITY MEN CROSS COUNTRY CHAMPIONSHIP WINNER MAR
IVANIOS COLEGE, THIRUVANANTHAPURAM TEAM RECEIVED TROPHY
FROM COLLEGE MANAGER VERY. REV. YOUNAN SAMUEL RAMBAN**

Kerala University North Zone men Volleyball Championship.



ST. STEPHEN'S COLLEGE, PATHANAPURAM WON THE NORTHZONE MEN CHAMPIONSHIP AND QUALIFIED TO THE UNIVERSITY INTERZONE INTERCOLLEGIATE TOURNAMENT

**WINNER
2019-20**

Kerala university men volleyball championship Organised by S N College, Chempazhanchy 2019-2020

Kerala university women volleyball championship Organised by Peet memorial Training College, Mavelikkara 2019-2020

41st Bshop Vayalil all kerala men volleyball championship organised department of physical Education, St. Thomas college, Pala, Kottayam.

COLLEGE TEAM PARTICIPATED UNIVERSITY AND OTHER TOURNAMENTS

2. Kerala University Chess men intercollegiate Championship, 4th Place organised by Bishop Moor College, Mavelikkara

1. Kerala University Cross Country Men and Women intercollegiate Championship, organised by St. Stephen's College, Pathanapuram

3. Kerala University Kabaddi men intercollegiate Championship, organised by S N, College, Cherthala.

4. Kerala University Badminton intercollegiate Championship, Organised by SreAyappa College. Chendaanor.

5. Kerala University Athletic meet intercollegiate Championship, organised by DPE, University of Kerala. Thiruvananthapuram.

6. South India Interuniversity level championship organised by St. Pius X College, Rajapuram, Kanhangad, Kazaragod. on 12th to 16th February 2020

7. 32st Bishop Tharayil Memorial all Kerala Inter collegiate Volleyball tournament, organised by Department of Physical Education, St. Stephen's College, Uzhavoor. Kottayam. on 3rd and

8. 2nd Sree, C V Jacob ever rolling trophy for all Kerala intercollegiate, volleyball tournament organised by Department of Physical Education, St. Peter's college, Kolenchery, Ernakulam on

9. 75th Fr. Bartholomew memorial all Kerala intercollegiate volleyball tournament Organised by Department of Physical Education, S H College, Thevara, Ernakulam on 14th to 17th February

10. 11st Aloysian all Kerala intercollegiate volleyball tournament organised by Department of Physical Education. St. Aloysius College. Edathuwa. Alappuzha. On 10th and 11th February 2020

11. Kerala University Powerlifting intercollegiate Championship, organised by DPE, University of Kerala, Thiruvananthapuram.

12. Kerala University Football men intercollegiate Championship, organised by TKMCE, Kollam.

13. Kerala University Cricket men intercollegiate Championship, organised by DB College, Sasthamcotta, Kollam.

COLLEGE TEAM PARTICIPATED UNIVERSITY AND OTHER TOURNAMENTS

**Kerala University Chess men intercollegiate Championship, organised by Bishop Moor College,
Mavelikkara**



Competition time at
Bishop Moor College,
Mavelikkara

Team got 4th
place



KERALA UNIVERSITY CROSS COUNTRY MEN AND WOMEN
INTERCOLLEGIATE CHAMPIONSHIP, ORGANISED BY ST. STEPHEN'S
COLLEGE, PATHANAPURAM



**KERALA UNIVERSITY KABADDI MEN INTERCOLLEGIATE CHAMPIONSHIP, ORGANISED BY
S N, COLLEGE, CHERTHALA**



KERALA UNIVERSITY ATHLETIC MEET INTERCOLLEGIATE CHAMPIONSHIP





FOOTBALL TEAM at Kerala University Football men intercollegiate Championship



CRICKET TEAM at Kerala University Cricket men intercollegiate Championship

INTER DEPARTMENT TOURNAMENTS



FOOTBALL MATCH, ENGLISH DEPARTMENT WON THE TOURNAMENT



CRICKET MATCH, BOTANY DEPARTMENT WON THE TOURNAMENT

PLACEMENT DETAILS OF 2019-20



SAJID S
Merchant Navy

2016-2020
Department of Economics



JAYAKRISHNAN M
Assam Riffiles

2018-2020
Department of B.Com



RAHUL K
Kerala Police

2016-2020
Department of English

PLACEMENT DETAILS OF 2018-19

1. RAHUL K, got appointment in Kerala Police as a volleyball player
2. JAYAKRISHNAN M R Got appointment in Assam Riffiles as a volleyball player
3. SAJID S got placement in Merchant Navy

MAJOR ACHIEVEMENT OF THE DEPARTMENT

- 🏐 Volleyball men Kerala University intercollegiate winner
- 🏐 Volleyball women Kerala University intercollegiate winner
- 🏐 Volleyball men all Kerala intercollegiate winner tournament held at St. Thomas college Pala.
- 🏐 Volleyball men Kerala intercollegiate runner up tournament held at St. Stephens college, Pathanapuram
- 🏐 24 students played and won Kerala University intercollegiate and also eligible for sports grace marks
- 🏐 13 students played Inter University tournaments and also eligible for extra grace marks
- 🏐 One student won silver medal in the State Karate championship.
- 🏐 Three university Intercollegiate Championship organized
- 🏐 Two all Kerala Intercollegiate Championship organized

BEHIND THIS SUCCESS TWO EMINENT COACHES WORKED THEY ARE,



Mr. BIJU MATHEW
Men Volleyball Coach (Rtd)
KSSC



Mr. JEWEL S. R
Women Volleyball Coach
SAI

Dr. SUBIN RAJ S S

Assistant Professor and Head

Department of Physical Education