

Annual Report 2021-22

1.Environmental Day celebration -05/6/2021

Students planted a seedling in their home as part of environmental day celebration. Themes were also presented to raise environmental awareness.



2.Covid Duty Participation –9/6/2021

10 students participated in covid duty as part of volunteers of Pathanapuram Grama panchayat.

3.Anaemia Campaign -12/6/2021

It was conducted in association with ICDS ,Pattazhy .The class was led by Dr.Arya of Community Health Centre,Pattazhy .The objective of the programme was to organise a year-long information, education, and communication (IEC) campaign to raise awareness of anaemia. The campaign has been included in the Chief Minister's 10-point programme to combat anaemia among children and adolescents.

Date : 12/06/2021 (Saturday)

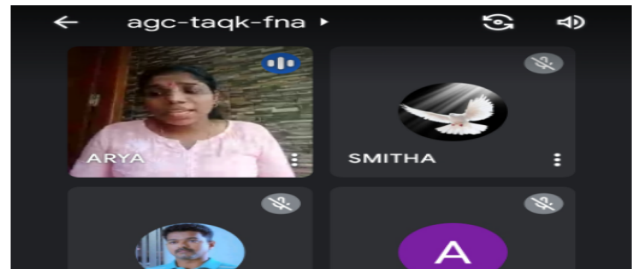
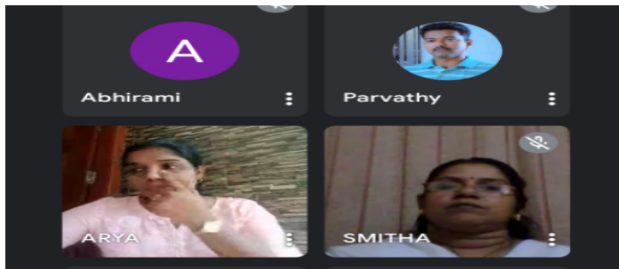
Anaemic Campaign

Time : 3:00 PM

Faculty: Dr Arya,
CHC
Pathanapuram

To join the meeting on Google Meet, click
this link:

<https://meet.google.com/agc-taqk-fna>



4. Blood Donation Day – 14/6/2021

An award was given to one volunteer for her efforts in raising awareness on matters of blood donation by Taluk hospital Kottarakkara. Another volunteer participated in an online webinar held by NSS college, Pandalam on the topic Donate oneness.





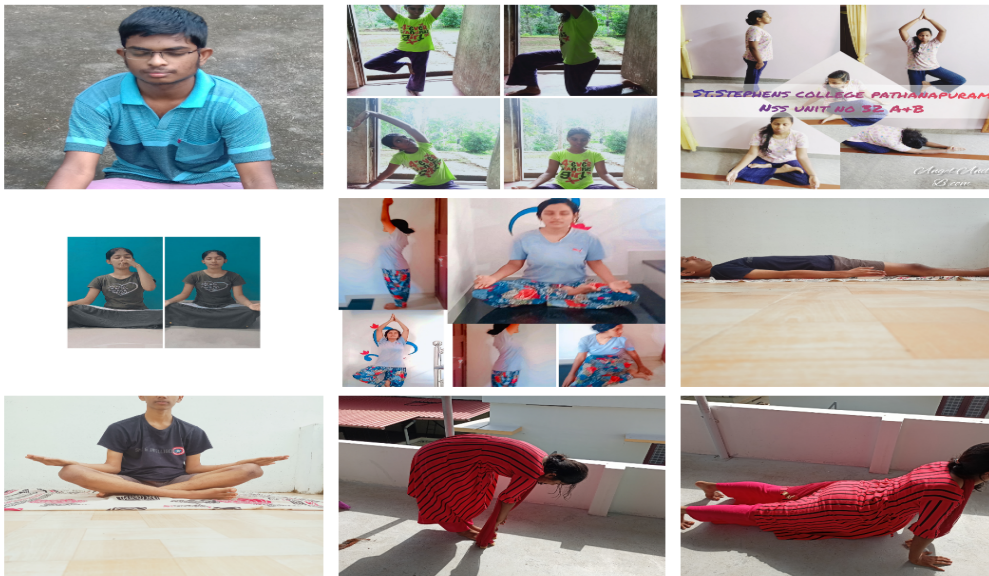
5.Observance of World Reading Day -19/6/2021

Students observed world reading day by introducing certain books and provided a detailed review of these books .It generated curiosity among students on various books and enhanced their reading habit.The link was attached below.

https://drive.google.com/drive/folders/1PznGV0vcUJQ9J7K15mr_DaJRwzAQeJg1?usp=sharing

6.International yoga day -21/6/2021

Students performed yoga activities in their home .An online instruction class was given by former NSS volunteer of the college. The International Day of Yoga aims to raise awareness worldwide of the many benefits of practicing yoga.



7. Anti drug campaign -26/6/2021

An online anti drug awareness campaign was held on June 26th, International Day against drug abuse. Students participated in the programme, prepared posters, as an expression of their determination to strengthen action and cooperation to achieve the goal of an international society free of drug abuse. It also aimed to raise awareness of the major problem that illicit drugs represent for society.





8. Poster competition on International Justice day -17/6/2021

A poster competition was organized to commemorate international justice Day. The theme of the competition was women empowerment vs dowry system. 60 students participated in the programme.

Legal Forum.& National Service Scheme

LEGAL FORUM
ST. STEPHEN'S COLLEGE
PATHANAPURAM

Greetings to all.

Legal forum, St. Stephen's College, Pathanapuram is pleased to announce that an online inter-collegiate poster competition is being organized to commemorate the 'World Day for International Justice' on 17 th July 2021.

Topic for the competition:
Women Empowerment
vs.
Dowry System.

Instructions

- The competition is open for all.
- Each participant should submit one entry only.
- There is no Registration Fee.
- Posters should be handmade and using water colour or oil painting.
- Save your file as PDF for quick and easy upload.
- Entries must be mailed at pvarghese.shibu@gmail.com on or before 17th July 2021.
- The poster should contain participant name, class and college.
- Cash Prizes worth Rs. 500 and Rs. 250 will be awarded to the top-two winning participants.
- Certificates will be issued to the top-two winning participants.

1 of 1

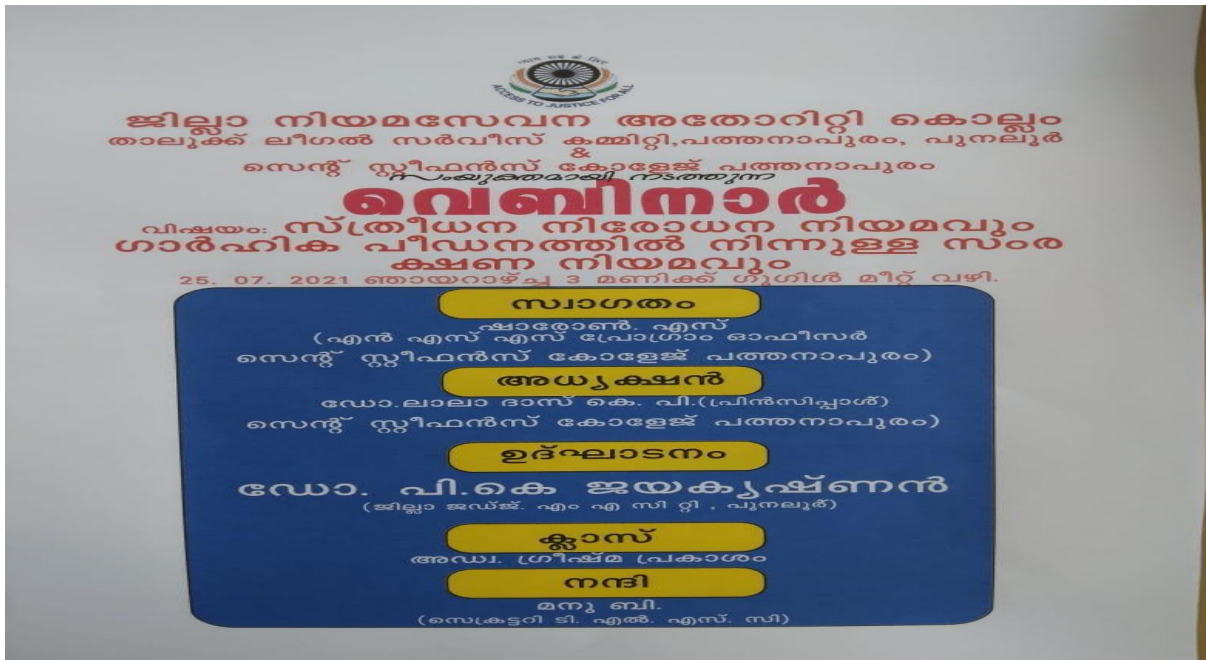
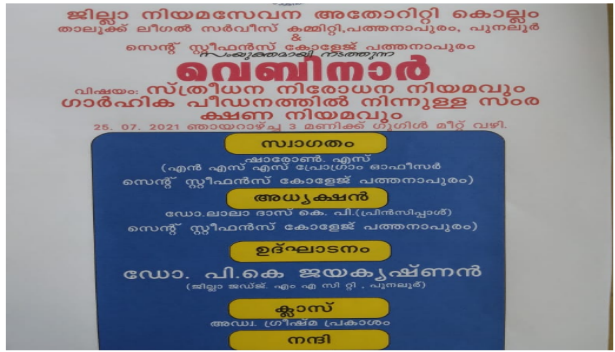
9.Webinar on Dowry prohibition Act And Domestic violence Act-25/7/2021

A webinar was organized by Taluk Legal Service Authority ,Pathanapuram in association with National Service Scheme,St.Stephen's College,Pathanapuram.Dr.P.K.Jayakrishnan ,District Judge ,M.A.C.T Court ,Punalur inaugurated the session.Dr.K.P.Laladhas ,the Principal delivered the presidential address.Later the class was taken by Advocate Greeshma Prakasham.The objective of the webinar is to

- To provide awareness among various laws relating to women protection
- To enhance knowledge on various grievance redressal mechanisms available to women on matters relating to dowry and domestic violence.
- To empower volunteers through legal information

The details are shared in the link given

below:<https://docs.google.com/document/d/14BVYhfOVIEK2Do05q4qchAwdvcOh452i/edit?usp=sharing&oid=112212388940986785432&rtpof=true&sd=true>



10. Anti dowry online campaign- 07/8/2021

An online campaign against anti dowry was conducted as part of the outcome programme of the webinar on Dowry Prohibition Act.



11. Nomination of Anti- drug Ambassador -10/8/2021

Anti drug club and NSS unit of the college jointly organized a paper presentation competition for students on the topic Anti drug programme and prevention of Drug abuse -New possibilities and suggestions on 10/8/2021 through google meet. It was conducted as mandated by Directorate of Collegiate Education, Government of Kerala. It aims to identify and select a student as Anti narcotic student Ambassador. Tincy Biju of II semester B.sc mathematics has been selected as anti Narcotic student Ambassador of the college.



St.Stephen's college,Pathanapuram



National Service Scheme Unit No.32A&B

&

Anti Drug Forum jointly organises paper presentation competition

വിഷയം: ലഹരി വിമുക്തിക്കും
നിർമ്മാർജ്ജനത്തിനുമുള്ള പുത്തൻ
പ്രായോഗിക വശങ്ങൾ



August 10,2021

All students can participate

Selected students have to present their papers through
Google meet

The best paper presenter will be selected as Anti drug
Ambassador of the college

12.Save Rain campaign-11/8/2021

Models have been designed by students regarding the importance of rain water harvesting.



St. Stephen's College, Pathanapuram
National Service Scheme
Unit No. 32 A&B



Save Rain Campaign - 11/8/2021



13. Azadi KI Amrit Mahotsav -12/8/2021

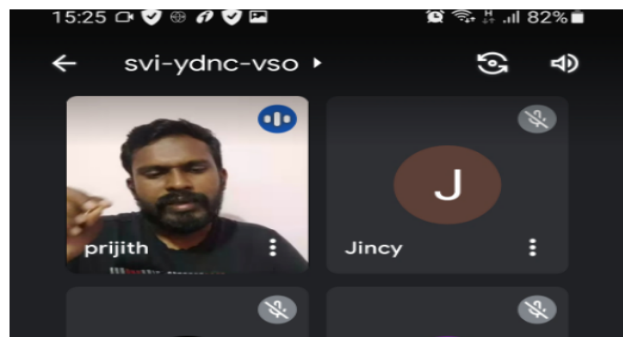
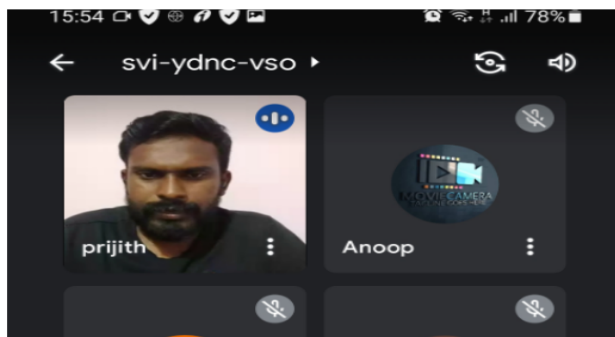
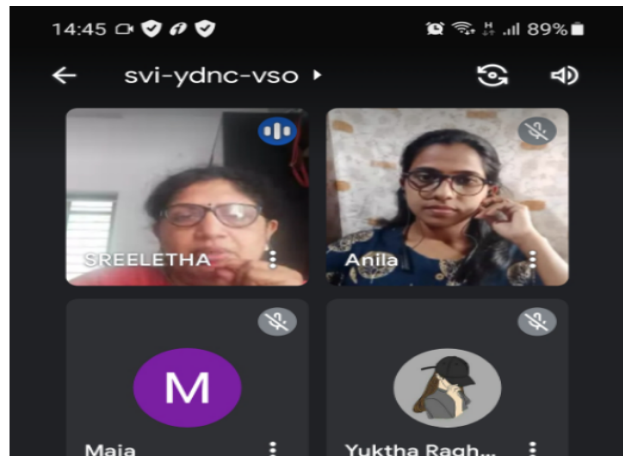
Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of progressive India and the glorious history of it's people, culture and achievements. students participated in singing national Anthem online and obtained certificate.



14. Gender Sensitization Programme -14/8/2021


It has been conducted online in association with women and child Development Department, Government of Kerala. The topic for the webinar is gender relation, gender and law. It has been organised to remove gender stereotype attitude from students. The programme was inaugurated by Smt. Sreeletha R. S., Women protection officer Kollam. The resource person for the webinar was Prijith P.K., Extension faculty, KILA. Members of Equal opportunity Cell and Gender champion club of the college also participated in the programme. The feedback of the programme has been attached below.

https://drive.google.com/file/d/1VfcK4tb5HgvS_VLallDeYNY5FBCrGgXT/view?usp=sharing



15.Independence Day celebration -15/8/2021

It is being celebrated by conducting several competitions such as essay writing ,patriotic song ,quiz competition and so on.

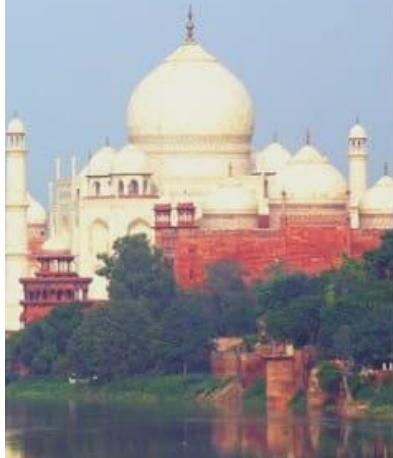


**ST. STEPHEN'S COLLEGE,
PATHANAPURAM NSS UNIT NO:32 A & B**

Happy Independence Day

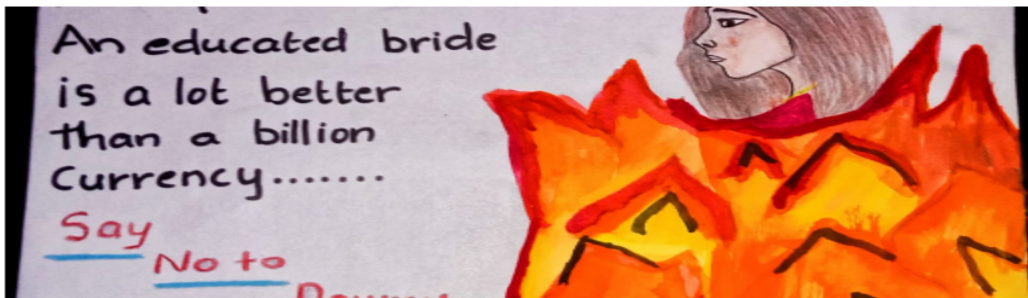
Vande Matram

- 1: ESSAY COMPETITION: HISTORY OF MODERN INDIA
- 2: DRAWING COMPETITION: INDEPENDENCE DAY
- 3: QUIZ COMPETITION
- 4: SPEECH COMPETITION: DEVELOPED INDIA IN OUR DREAMS
- 5: SONG COMPETITION: VANDE MATARAM



16.Observation of Women’s Equality Day -24/8/2021

Women’s Equality day was observed through posters and campaigns .Most of the theme was related to dowry .It helped to create an awareness among students regarding recent gender related evils in Kerala.



17. Poshan Abhiyan—1-7/9/2021

The Prime Minister's Overarching Scheme for Holistic Nutrition or as popularly known as POSHAN Abhiyaan, or National Nutrition Mission is the Government's flagship programme to improve nutritional outcomes for children, pregnant women and lactating mothers. As mandated by Government of India, Our Unit also observed the week through awareness campaigns.



St. Stephen's college, Pathanapuram
National service Scheme
Unit No.32 A&B



St. Stephen's College, Pathanapuram
National Service Scheme
Unit No. 32 A&B



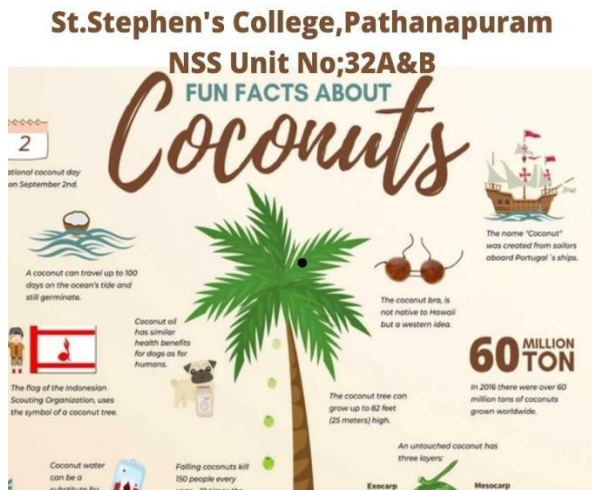
National Nutrition Week



100 grams of Food	Calories	Fat	Protein	Carbs	Fiber
Pecans	691	72g	9g	14g	10g
Walnuts	654	65g	15g	14g	7g
Hazelnuts	628	61g	15g	17g	10g
Sunflower Seeds	584	51g	21g	20g	9g
Almonds	575	49g	21g	22g	12g
Sesame Seeds	573	50g	18g	23g	12g
Pumpkin Seeds	541	46g	25g	18g	4g
Soybeans	446	20g	36g	30g	9g
Quinoa	368	6g	14g	64g	7g
Beans, Pinto	347	1g	21g	63g	15g
Black Beans	341	1g	22g	62g	15g
Beans, Kidney	337	1g	23g	61g	15g
Beans, Navy	337	1g	22g	61g	24g
Cranberry Beans	335	1g	23g	60g	25g
Mushrooms, Shiitake	296	1g	10g	75g	11g
Avacado	160	15g	2g	9g	7g
Garlic	149	0g	6g	33g	2g
Yams	118	0g	2g	28g	4g
Bananas	89	0g	1g	23g	3g
Corn	86	1g	3g	19g	3g

18. Observation of coconut day-2/9/2021

World Coconut Day is celebrated every year on 2 September. The day is celebrated to highlight and raise awareness about the importance and benefits of coconut



19. Observation of Teachers day -5/9/2021

It has been observed to showcase the importance of teachers during the time of pandemic. The link of the programme has been attached below:

<https://youtu.be/9d2VL8M25Qc>



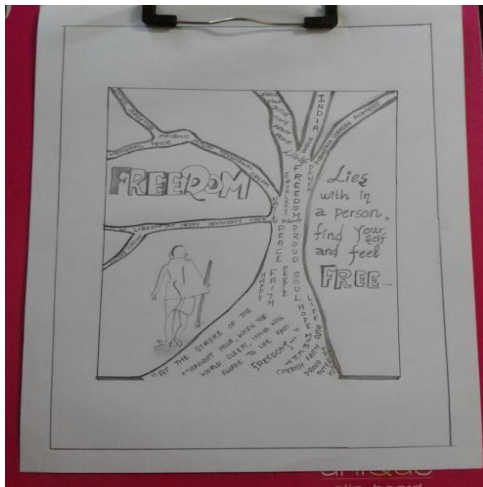
20. International Literacy Day-13/9/2021

Video presentations were made by the volunteers on the importance of literacy day. The theme of International Literacy Day (ILD) 2021 was “Literacy for a human-centered recovery: Narrowing the digital divide”.

<https://youtu.be/fI8o6YxCf7M>

21. International day of Democracy -15/9/2021

Virtual competitions were conducted to raise awareness of volunteers on what are the necessary prerequisites for a successful democracy. Students also expressed their views on recent threats to democracy.



22. Observation of Ozone Day-17/9/2021

An online campaign was organized on the Ozone day. The theme for 2021 for International Day for the Preservation of the Ozone Layer is 'Montreal Protocol -Keeping us, our food and vaccines cool. It helped to provide an awareness on students regarding climate change and global warming.



23. Create A smile Challenge –24/9/2021

It has been done as part of NSS day celebration. The beneficiaries are neighbours of 100 volunteers. The items provided include rice, vegetables, books, pencil, pen and other essential items to those people who need intervention.

<https://www.youtube.com/watch?v=o6Wg9W5Lmms&t=37s>



ST. STEPHEN'S COLLEGE, PATHANAPURAM
NATIONAL SERVICE SCHEME
UNIT NO. 32A6B



september 24
NSS Day Celebration

CREATE A SMILE
CHALLENGE

LITTLE DEEDS OF KINDNESS
LITTLE WORDS OF LOVE
HELP TO MAKE EARTH HAPPY
LIKE THE HEAVEN ABOVE





24.Azadi ka Amrit Mahotsav(legal Awareness programme)-17/10/21

A legal awareness programme on cyber Law and career guidance has been conducted in association with Taluk Legal Services Authority as part of Azadi Ka Amrit Mahotsav.100 volunteers participated in the programme.It intends to create an awareness on volunteers in matters relating to problems and prospects on cyber area.



**ദേശീയ നിയമസേവന അതോറിറ്റി
ജില്ലാ നിയമസേവന അതോറിറ്റി കൊല്ലം
താലൂക്ക് ലിഗൽ സർവീസസ് കമ്മിറ്റി, പത്തനാപുരം
സെന്റ് സ്റ്റീഫൻസ് കോളേജ്, പത്തനാപുരം**

**ഭാരത സ്വാതന്ത്ര്യത്തിന്റെ
75-ാം വാർഷികം സ്വാതന്ത്ര്യത്തിന്റെ
അമൃത മഹോത്സവം**

നിയമ ബോധന ക്ലാസ്സ്

**വിഷയം : Cyber Law & Career Guidance
സ്ഥലം : സെന്റ് സ്റ്റീഫൻസ് കോളേജ്, പത്തനാപുരം
തീയതി : 17/10/2021
സമയം : 2.30 p.m**

- സ്വാഗതം :** ഷാരോൺ. എസ്
(എൻ. എസ്. എസ് പ്രോഗ്രാം ഓഫീസർ, സെന്റ് സ്റ്റീഫൻസ് കോളേജ്, പത്തനാപുരം)
- അദ്ധ്യക്ഷൻ:** അഡ്വ. ജെ. ബാഹുലേയൻ
(സെക്രട്ടറി, ബാർ അസോസിയേഷൻ, പുനലൂർ)
- ഉദ്ഘാടനം :** ശ്രീ. അബ്ദുൾ ജലീൽ.എ
(ബഹു: സ്പെഷ്യൽ ജഡ്ജ്, ഹാജ് ഫ്രണ്ട് സ്പെഷ്യൽ കോർട്ട്, പുനലൂർ)
- ക്ലാസ്സ് :** ശ്രീമതി അനീളി ചന്ദ്രൻ
(ബഹു: ജുഡീഷ്യൽ മനോ ക്ലാസ് മജിസ്ട്രേറ്റ്, പുനലൂർ)
- നന്ദി :** ശ്രീ. മനു.ബി (സെക്രട്ടറി, ടി.എൻ. എസ്. സി)

Platform : Google Meet



25. Legal Literacy Campaign (9-15/11/2021)

An awareness video on human rights such as anti dowry law, protection of women from Domestic violence, traffic laws, legal matters on women protection has been propagated through online platform in association with department of Economics and Legal Forum. The link of the programme is attached below

<https://youtu.be/TcNPh4CJw0Y>

<https://youtu.be/IBjCQTVAZcY>

<https://youtu.be/bskdK6tSAYs>

26. Palliative training—1/11/2021-06-11-2021

Two students successfully completed an online volunteer training programme on students Against Needless suffering and Pain, an initiative by Pallium India and National service scheme University of Kerala. During this period of online training he/she gained knowledge in the basics of palliative care through 12 hours of dialectic and interactive sessions through Trivandrum institute of palliative sciences -Extension for community Health care outcomes certificate programme.



27.Observance of Constitution Day -26/11/2021

Text of the preamble of Indian constitution has been read as part of observing Constitution day.



28. Orange the world -25/11/2021

A pledge has been taken and a short video has been created to observe international day for Elimination of violence against women .The link of the programme is attached below. <https://youtu.be/WBLXgppRgos>



29. Anti drug campaign-10/1/2022

An online Anti drug campaign has been conducted on the theme Say Yes to Life No to Drug .75 students participated in the programme.

30. Observance of world AIDS day -1/12/2021

It has been observed by the volunteers on the theme End Inequalities End AIDS .67 students participated in the programme. The objective is to communicate about the importance of equitable access to health services and the importance of strengthening actions at the primary health care level, with special emphasis on HIV combination prevention and treatment services, as well as promoting work with communities to reach the people most vulnerable to HIV and other pandemics.



31. Palliative care HOME VISITS(5/12/21,11/12/21,17/12/21,18/1/22)

Students visited the near by places for palliative care on 5/12/21,11/12/21,17/1/22 and 18/1/22.Essential medicines worth Rs.5000 and other items needed for the patients were distributed. The name of patients were DilluRaj,Syamala And 10year boy Prince.





32. Awareness campaign on palliative care and lifestyle diseases -4/12/2021

An awareness campaign on palliative care and lifestyle diseases has been conducted by volunteers in nearby places of Pattazhy vadakkekara health centre.

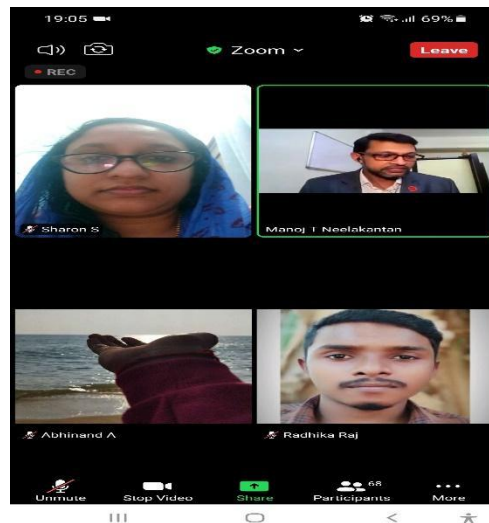


33. Annual Special camp- (23-29/12/2021)

The special camp was conducted at St. Stephen's college, Pathanapuram which focus on youth for prevention and mitigation of Covid -19 programme. The programmes includes orientation class on social service, skill development session, palliative care survey, santhwanam campaign, fitness campaign, plastic free campaign and shramdan projects.

34. Financial Literacy programme -7/1/2022

A financial literacy programme has been conducted for NSS volunteers. It enables them to understand the essentiality of filling Know your customer form and recent trends in Indian share market.

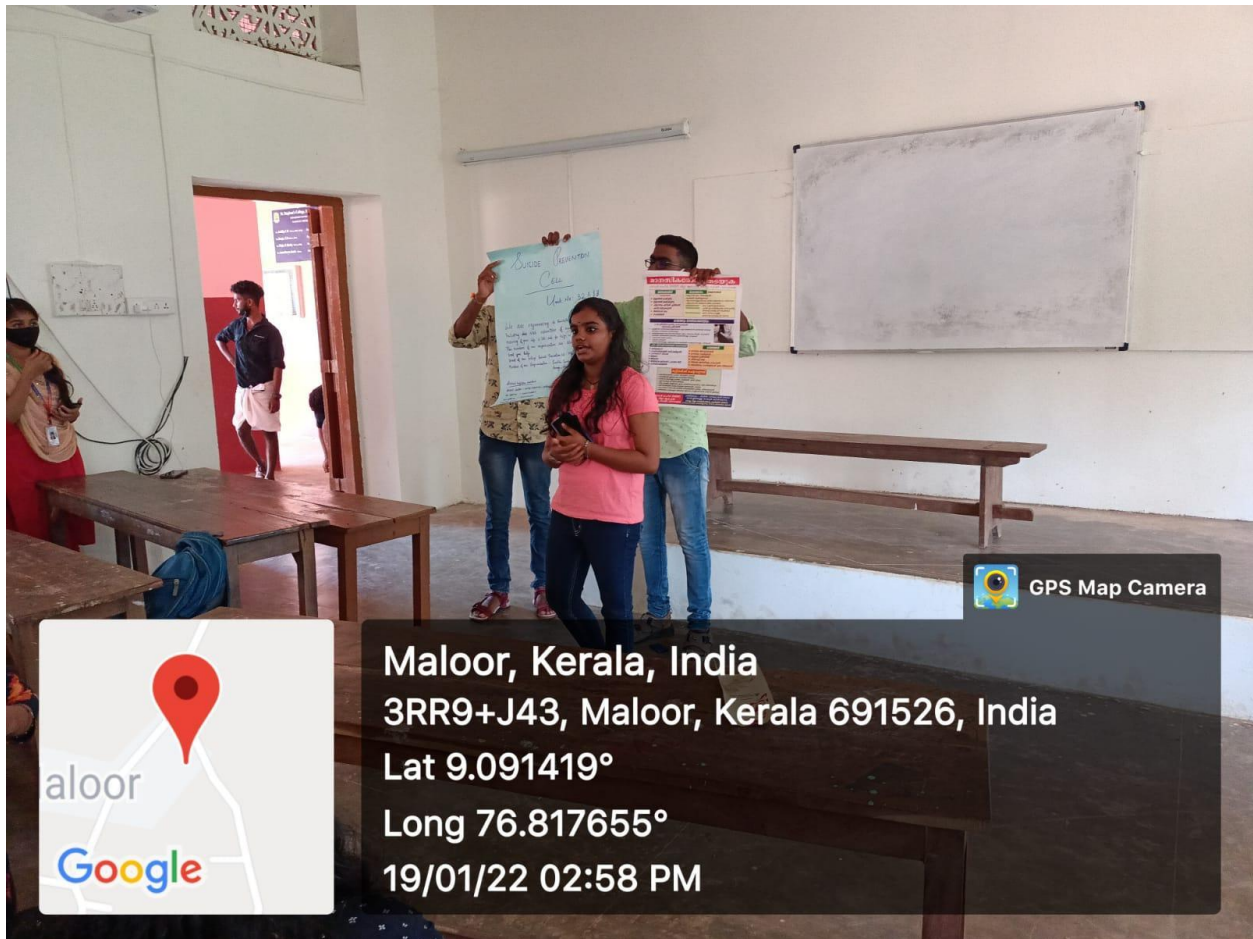


35. Participation in mental health training programme-14/1/2022

2 volunteers participated in mental health training programme organized by District Mental Health centre, Kollam.

36. Formation of suicide prevention cell and orientation programme -19/1/2022

The volunteers started a suicide prevention cell after attending the training by District Mental Health centre ,Kollam.They conducted a 10 minute orientation programme for first year students in every classes.



37.Swacchh Bharat campaign and Republic Day celebration -26/1/2022

An essay and poster competition on your dreams of a swachh bharat school has been conducted .Students wholeheartedly participated in the programme.

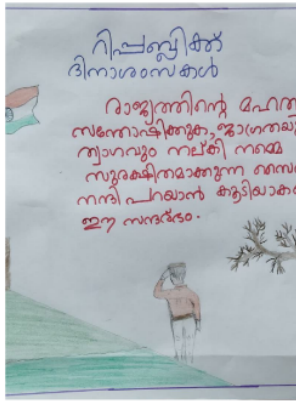
പാതയ്ക്കു നാലു അനന്തികൾ

തീണ്ടലേണി രാജരാജൻ
 നാടീല ധീര മഹാമഹാമുഖിയ
 കൂലിപ്പൻ ഇന്ന നാമനുഭവിയ്ക്കുന്ന
 രാജ്യം.

സ്ത്രീകൾ രാജൻമാരിൽനിന്നും
 സൗന്ദര്യം നീക്കിയിട്ടും ചുവന്നപ്പുറം
 ന മേദസിലാർ കർമ്മം ശ്ലീലകൾ
 ക്ലോ താനും തെലിൽ
 കന്നിമനസ്സു കർമ്മമേകിൽ
 നാടീല ധീര നോരാതെപ്പിൻ
 നാമം

ഭൂമിയിലേക്കു എന്റെ ചിന്തകളെന്ന് തന്നെ ഇവിടെ
 ചുരുമ്പിയുടൻ ചോട്ടുതന്നു ഈ മന്ദ്രം നരരക്ഷകളെ
 തമ്മിൽ വെട്ടുവെട്ടിയിരുമാൻ 'ദേശം' എന്നാൻ
 മറ്റു വലിയ നരരക്ഷ കരുതുകൾ ദിശ കേൾ സാധാരണ,
 കേൾ കരുതുകിൽ ചിന്നിന്ന താമസിയുന്ന ചേരദേശം
 'തീണ്ടലേണി' ചുരുമ്പിയുടൻ എന്നാൻ 'ദേശീയന'
 'എന്നാൻ' കരക കരുതുകൾ ദേശം വെട്ടു തിരിച്ചിരിയ്ക്കു
 മെട്ടുതന്നു', 'തേ' ദേശത്തിന്റെ നന്മ ചുരുമ്പിയുടൻ
 ചിന്നുനായുടൻ എന്നാൻ.

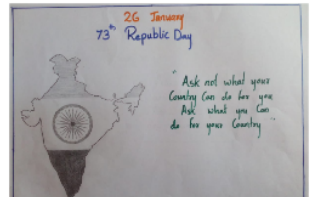
1930 നവംബറിന്റെ ദിവസാനുസ്മരണയുടെ
 ഇന്ത്യൻ നാഷണൽ കൗൺസിൽ ഉൾപ്പെടെയുള്ള
 നിലവിൽ



Nationalism is a feeling of attachment to one's nation and a sense of loyalty to its interests. It is the belief that the interests of one's nation are more important than those of any other nation.



Nationalism
 Nationalism is a feeling of attachment to one's nation and a sense of loyalty to its interests. It is the belief that the interests of one's nation are more important than those of any other nation.



Nationalism is a state of mind towards the large majority of people. It is the highest loyalty of a man towards his nation.

According to Jingo
 Nationalism, Nationalism is a passion for one's nation and a hatred for other nations.

Crash of Nationalism in India

Nationalism
 Nationalism is a state of mind towards the large majority of people. It is the highest loyalty of a man towards his nation.

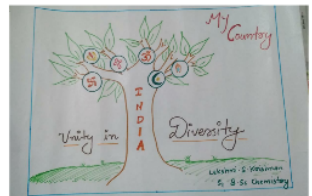
According to Jingo
 Nationalism, Nationalism is a passion for one's nation and a hatred for other nations.

Crash of Nationalism in India

The British rule in India was the first step towards the formation of a nation. It was the first time that a large number of people were united under a single flag and a common name. This led to the development of a sense of national identity and a feeling of loyalty to the nation.

Unity in Diversity
 In the year 1947, the British rule in India came to an end. The country was divided into two parts, India and Pakistan. Despite the division, the people of India remained united and loyal to their nation.

Nationalism in Modern India



Nationalism
 Nationalism is a state of mind towards the large majority of people. It is the highest loyalty of a man towards his nation.

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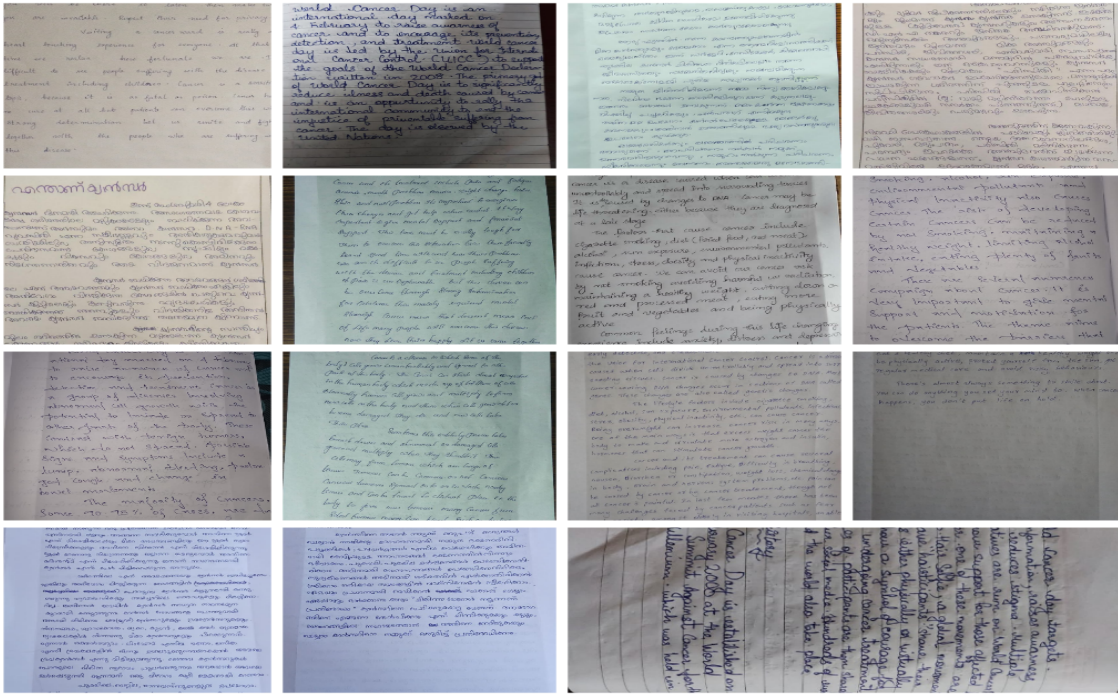
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Crash of Nationalism in India

38.Observance of World Cancer Day-4/2/2022

The theme for World Cancer Day 2022 is 'Close the Care Gap'. Cancer is the second leading cause of death globally. The day aims to prevent millions of deaths each year by raising awareness and education about cancer. NSS unit conducted an essay competition to spread cancer awareness among students.



39. National Science Day celebrations-28/2/2022

Science Forum, St. Stephen’s College, Pathanapuram proposed poster presentation competition on the theme Integrated Approach in science and technology for Sustainable Future, in connection with National Science Day 2022. This event was arranged in collaboration with National Service Scheme (NSS) of the College. The theme for National Science Day 2022 celebration is “Integrated Approach in science and technology for Sustainable Future”. Science Forum and NSS organized poster presentation competition for students among various classes of the college. The objective behind organisation of poster making competition is to bring out the creative expression of students and to gauge their knowledge and awareness of various approach in science and technology for sustainable future. The link of the programme is as follows: <https://www.youtube.com/watch?v=Hnftope6OfQ&t=6s>



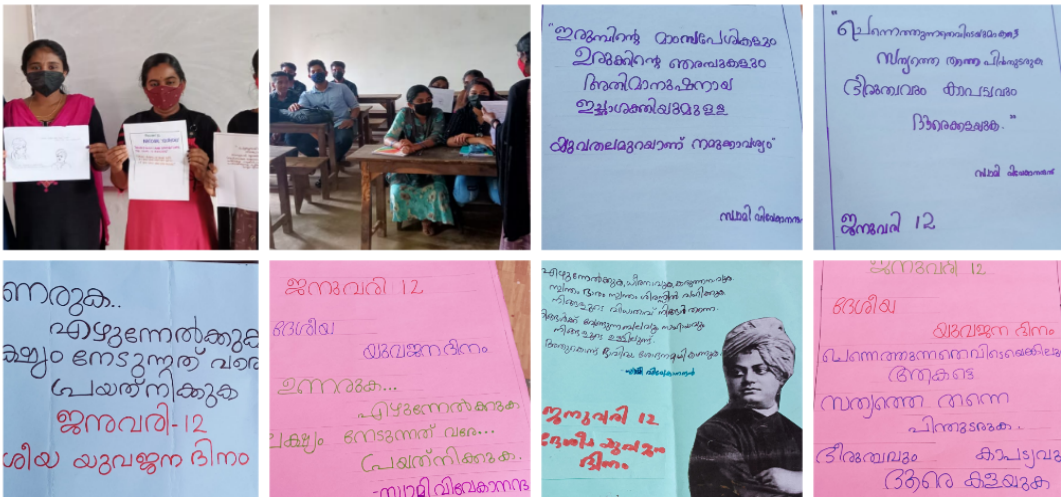
NATIONAL
SCIENCE
DAY

40. Observance of safety Day- 4/1/2022

The motive behind celebrations of this day is to create awareness and commitment to working safely. The National Safety Council declared the holiday to raise public awareness of all safety principles. These also include road safety, workplace safety, human health and environmental safety. The link of the programme is as follows:<https://www.youtube.com/watch?v=kykCcg76zuc&t=1s>.

41. Observance of National Youth Day - 12/1/2022

An awareness campaign on life and deeds of Swami Vivekananda has been organized by students. Catchy slogans were also exhibited.



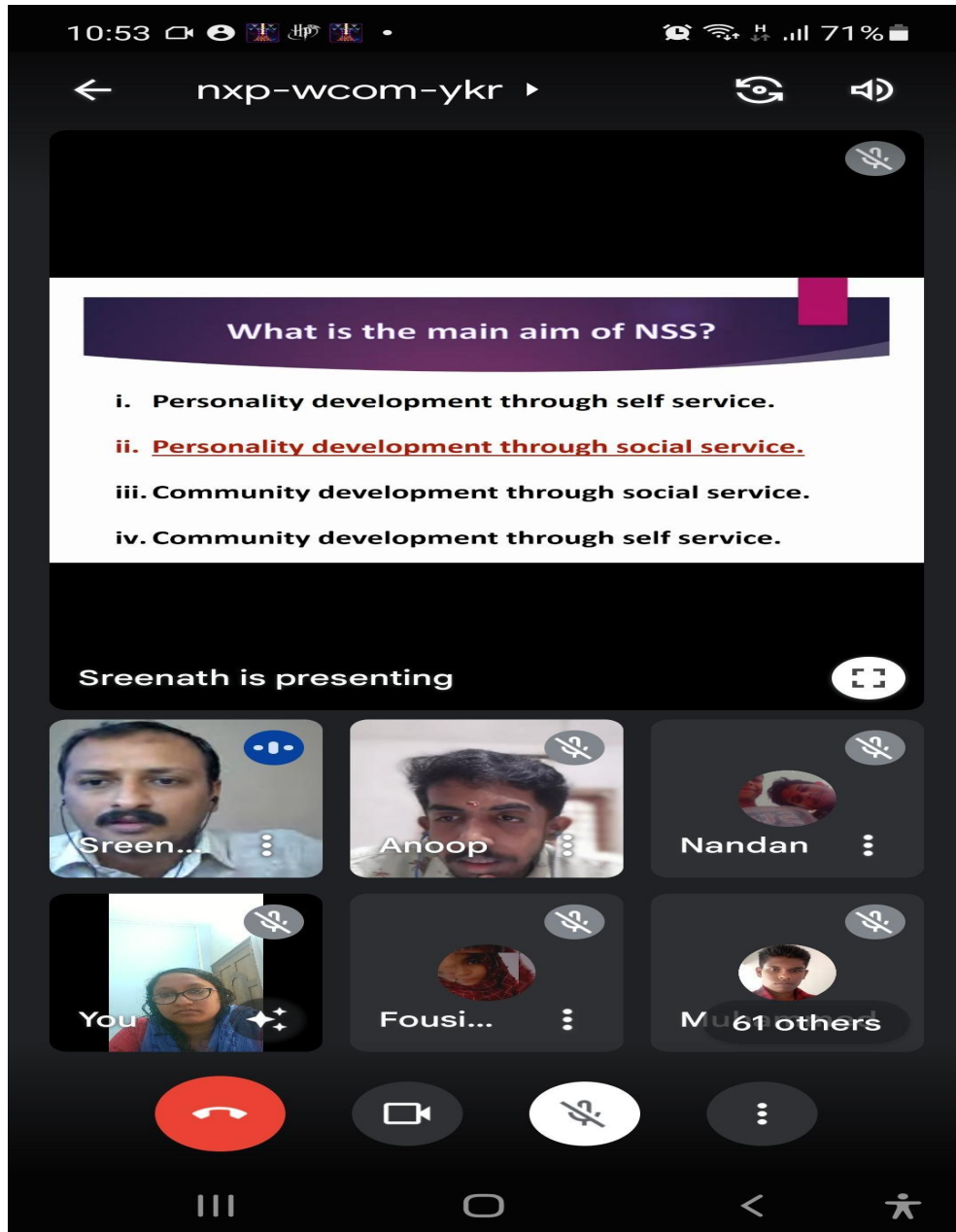
42. Gender equality day -8/3/2022

It has been observed to highlight the importance of challenging biases and misconceptions to create a more inclusive and gender equal world.



43.Orientation programme –5/3/2022

An orientation programme had been conducted for first year NSS volunteers dealing with aims and objectives of NSS. The class was led by S.Sreenath. He is a motivational speaker, counsellor and guest faculty in Institute of Management in Government. Students were benefitted by getting knowledge on NSS programmes, activities, organizing NSS camps and special camps.



44. Certificate of appreciation on palliative care programme -(18/3/2022)

NSS unit of the college received a certificate of appreciation for conducting palliative care programmes during the year 2021-2022 through student palliative care units implemented by the Kerala University as part of institutional responsibility programme.





45. Participation in District Level Neighbourhood Youth parliament -19/3/2022

1 volunteer participated in district level Neighbourhood youth parliament conducted by Nehru Yuva Kendra at S.N.College,Kollam.





Programme officers

Sharon.S

Varghese George