

DEPARTMENT OF PHYSICAL EDUCATION

ST. STEPHEN'S COLLEGE, PATHANAPURAM, KOLLAM



ANNUAL REPORT 2025-26

The Department of Physical Education, St. Stephen's College, Pathanapuram actively organised and promoted various sports and physical education activities during the academic year 2025–26. The department continued its efforts to encourage students to participate in sports and games while maintaining physical fitness and competitive spirit at different levels.

Annual Athletic Meet

The Annual Athletic Meet 2025–26 was organised by the Department of Physical Education on 22 January 2026 at the college ground. The programme was presided over by Dr. Biju A., Principal of St. Stephen's College, Pathanapuram, and the Chief Guest for the event was Mr. Ajith Krishna, Block Panchayat President, Pathanapuram.

The athletes' oath was administered by Mr. Althaf Muhammad, 3rd Year Botany student and Sports Club Secretary (2025–26).

For the first time in the history of the college, students and teachers were equally divided into four houses—Blue House, Red House, Green House, and Yellow House—to promote unity, teamwork, and healthy competition.

Several track and field events were conducted for both men and women, including 100 m, 200 m, 400 m, 800 m, 4×200 m relay, Shot Put, and Javelin Throw.

The overall championship results were:

Yellow House – 51 points (Champion)

Blue House – 48 points (Runner-up)

Red House – 27 points

Green House – 18 points

The Best Women Athlete was Ms. Jisha Yohanan (2nd Year Chemistry), and the Best Men Athlete was Mr. Abhishek S (2nd Year Botany).

An Inter-House Football Tournament was also conducted, in which Yellow House emerged as the winner and Green House secured the runner-up position.

Participation in Intercollegiate and University Competitions

During the academic year 2025–26, the college teams actively participated in several intercollegiate and Kerala University championships.

The college volleyball team participated in various intercollegiate volleyball championships across Kerala and also competed in the Kerala University Intercollegiate Volleyball Championship.

The college football team represented the institution in the Kerala University Intercollegiate Football Championship.

Both men's and women's badminton teams participated in the Kerala University Intercollegiate Badminton Championship.

The college men's and women's athletic teams also participated in the Kerala University Intercollegiate Athletic Meet.

The women's volleyball team secured the Fourth Position in the Kerala University Intercollegiate Volleyball Championship, which was a notable achievement for the college.

District and State Level Achievements

The college athletic team participated in the District Athletic Meet, where several athletes won medals in different events. Based on their performance, many athletes were selected to participate in the State Athletic Championship, bringing recognition to the institution.

National and Higher-Level Achievements

This year also witnessed remarkable achievements by the volleyball players of the college.

Three volleyball players—Fousan, Vaseem Vahid, and Muhammad Mishal—were selected to participate in the Khelo India National Volleyball Championship held in kotta Rajasthan, which is a proud achievement for the college.

Mr. Fousan S was also selected to the Kerala University Volleyball Team and represented the university in the Inter-University Volleyball Championship at Anthra.

Another player, Mr. Muhammad Mishal, was selected to the Kerala State Youth Volleyball Team and participated in the National Championship at Bhubaneswar Odisha

Adding to these achievements, Mr. Akash P T, a volleyball player from the college, was appointed to the Indian Army at the Madras Regiment Centre as a volleyball player, which is a significant accomplishment and a matter of pride for the institution.

Conclusion

The Department of Physical Education successfully conducted various sports activities and encouraged students to actively participate in competitions at university, district, state, and national levels. The achievements of the students in different championships highlight the department's commitment to promoting sports excellence and the overall development of students.

ACHIEVEMENTS IN ALL INDIA LEVEL

SL. NO.	NAME OF PARTICIPANT	ACHIEVEMENT/ MEDAL	SPORTS/ GAMES	DEPARTMENT
1	FOUSAN S	Participated Khelo India Volleyball Championship and South Zone Inter University volleyball championship	VOLLEYBALL	ECONOMICS
2	VASEEM VAHID	Participated Khelo India Volleyball Championship	VOLLEYBALL	ECONOMICS
3	MUHAMMED MISHAL N	Participated Khelo India Volleyball Championship and All India Senior National Participation	VOLLEYBALL	ECONOMICS
4				
5				

ACHIEVEMENTS IN STATE / UNIVERSITY LEVEL

SL. NO.	NAME	TOURNAMENT	POSITION	GAME	DEPARTMENT
1	SANAG.A	INTERCOLLEGIATE	THIRD	VOLLEYBALL	3 rd Economics
2	MUHAMMED MISHAL N	INTERCOLLEGIATE	THIRD	VOLLEYBALL	3 rd Economics
3	SREEKUTTAN . G . S	INTERCOLLEGIATE	THIRD	VOLLEYBALL	3 rd Economics
4	BALAKUMAR R	INTERCOLLEGIATE	THIRD	VOLLEYBALL	3 rd Economics
5	ABHISHEK S	INTERCOLLEGIATE	THIRD	VOLLEYBALL	2 nd Botany
6	ARAVIND. J	INTERCOLLEGIATE	THIRD	VOLLEYBALL	2 nd English
7	JASEEM . M	INTERCOLLEGIATE	THIRD	VOLLEYBALL	1 st English
8	ADITH. P S	INTERCOLLEGIATE	THIRD	VOLLEYBALL	1 st Economics
9	SAHAD ALI S	INTERCOLLEGIATE	THIRD	VOLLEYBALL	1 st Economics
10	VASEEM VAHID	INTERCOLLEGIATE	THIRD	VOLLEYBALL	1 st Commerce
11	DEVEND SAJEEVAN	INTERCOLLEGIATE	THIRD	VOLLEYBALL	1 st English
12	ABDUL RAZAK R S	INTERCOLLEGIATE	THIRD	VOLLEYBALL	1 st English
13	FAUSAN S	INTERCOLLEGIATE	THIRD	VOLLEYBALL	1 st Economics
14	PRANAV M	INTERCOLLEGIATE	THIRD	VOLLEYBALL	1 st Commerce

- **RUNNER UP**

1. All Kerala Inter collegiate Volleyball tournament, organised by UKF College of Engineering, Parippally

- **SECOND RUNNER UP**

1. Kerala university men volleyball championship Organised by S N College, Chempazhanthy

- **SEMIFINALIST AND PARTICIPATION**

1. Kerala university Women volleyball championship Organised by S N College, Chempazhanthy

2. Kerala University Badminton Intercollegiate Championship, Organised by MSM College, Kayamkulam.
3. Kerala University Women Athletic meet intercollegiate Championship, organised by DPE, University of Kerala, Thiruvananthapuram.
4. Kerala University men Athletic meet intercollegiate Championship, organised by DPE, University of Kerala, Thiruvananthapuram.
5. 35th Bishop Tharayil Memorial all Kerala Inter collegiate Volleyball tournament, organised by Department of Physical Education, St. Stephen's College, Uzhavoor. Kottayam.
6. Kerala University Football men intercollegiate Championship, organised by FMN College, Kollam.
7. 44th Bishop Tharayil Vayalil all Kerala Inter collegiate Volleyball tournament, organised by Department of Physical Education, St. Thomas College, Pala. Kottayam.
8. 81st Fr. Bartholomew Memorial all kerala intercollegiate Men Volleyball championship **organised by** Sacred Heart College, Thevara
9. 50th Old Student Association All Kerala Intercollegiate Men Volleyball championship **organised by** Christ College, Irinjalakuda
10. Sree Sankara Cup All Kerala Intercollegiate Men Volleyball championship **organised by** Sree Sankara University, Kalady

PLACEMENT

Mr. Akash P T, a volleyball player from the college, was appointed to the Indian Army at the Madras Regiment Centre as a volleyball player

Mr. Fousan S, a volleyball player from the college, was appointed to the NORTH WESTERN RAILWAY ,JAIPUR as a Volleyball Player

Mr. Pranav M, a volleyball player from the college, was appointed to the Indian Army at the Madras Regiment Centre as a volleyball player

PLACEMENT ORDER

https://drive.google.com/drive/folders/1tlpfc2mGz-niaSjlu4MTTluar6sD9yJz?usp=drive_link

**DEPARTMENT OF
PHYSICAL EDUCATION**
ST. STEPHEN'S COLLEGE
PATHANAPURAM, KOLLAM



Congratulations!

The Department of Physical Education
proudly congratulates our students on their
remarkable achievements and prestigious appointments.



1. Mr. FOUSAN S

NORTH WESTERN RAILWAY, JAIPUR



2. Mr. AKASH P T

INDIAN ARMY
at the Madras Regiment Centre



3. Mr. PRANAV M

INDIAN ARMY
at the Madras Regiment Centre



Your dedication, discipline, and hard work have
brought honor to the institution.
*We wish you a successful and glorious
future in your service to the nation.*

Best Wishes from

DEPARTMENT OF PHYSICAL EDUCATION
ST. STEPHEN'S COLLEGE, PATHANAPURAM, KOLLAM



IHQ of MoD(Army), Rtg B (C) letter No 63502/Agniveer/Demand No-01/2025-26/Rtg B(C)

Roll No CHE/MRC/KER/AGD/280925/140030
Name AKASH P T
S/o BHASKARAN
Village NEELESWARAM
Tehsil KOZHIKODE
Post NEELESWARAM
District KOZHIKODE
State KERALA
Pin 673582

REGD BY POST

MADRAS REGT CENTRE,
WELLINGTON {NILGIRI}

Print Date : 12 Nov 2025

CALL LETTER FOR DESPATCH : CEE 28 Sep 2025

Dear Candidate,

1. Congratulation, You have provisionally been selected for recruitment in **AGNIVEER (GENERAL DUTY)** on the basis of the merit of CEE held on **28 Sep 2025**. Your candidature will be final only after clearing the 'Medical Examination', detailed checking/verification of complete documents and fulfillment of all 'Recruitment Criteria'.
2. You are hereby directed to report to **MADRAS REGT CENTRE, WELLINGTON {NILGIRI}** at the earliest by **13 Dec 2025** alongwith the following documents in original, for enrolment formalities and subsequent despatch to training center:-
 - (a) Call up Notice(this letter).
 - (b) Admit card and Identity Photograph
 - (c) Ten copies of fresh passport size photographs.
 - (d) All educational certificates and Marks Sheets in original.
 - (e) Gazette or Cross List(X List) if passed as private candidate/holding hand written/duplicate education certificate duly signed by Principal and countersigned by District Education Officer (DEO).
 - (f) Domicile certificate issued by DM/SDM, as applicable.
 - (g) Caste Certificate issued by Tehsildar/Gram Pradhan/Sarpanch (duly mentioned the particular caste).
 - (h) Character Certificate duly signed by Gram Pradhan/Sarpanch.
 - (i) Unmarried/married certificate duly signed by Gram Pradhan/Sarpanch.
 - (j) Two copies of joint photograph(individual along with his wife)duly verified and attested by Village Sarpanch/Tehsildar (For married candidates only).
 - (k) Character/Pre verification certificates as per specimen attached duly completed in all respects (i.e. affix a copy of group photo of the family)and authenticate/signed by the competent authority.
 - (l) Affidavit for variation in self name/father's name or any other variation in any certificate be produced duly signed by 1st Class magistrate (DM/SDM).
 - (m) Two photocopies of all certificates/documents (i.e. educational, domicile, caste, character, unmarried/married, pre verification and affidavits etc).
 - (n) Verification of the following be completed from concerned Record Office, if these particulars are not available in the Discharge Book Ex Servicemen/War Widows:-
 - (o) Relation Certificate issued by Records Office concerned only.
 - (p) An 'Affidavit' duly sworn by the candidate in before the Executive Magistrate/Sub Divisional Magistrate of the concerned Tehsil with 'Round Stamp' (Sample copy att).
 - (r) Photo copy of Pay Book/Discharge Book of your father/brother or Pension Book of 'Mother' in case of son of widow duly attested.
 - (s) Death certificate issued by MH/Registrar of Birth and Death in case Father/Brother is deceased.
 - (t) For candidates between 17 ½ and 18 years of age, Affidavit on Rs. 10/- Non Judicial Stamp Paper in English from parents and Notary.
 - (u) NCC/Sports Certificate from the concerned authorities if any.
 - (v) Pre-verification of Police.
 - (w) Copy of PAN, AADHAAR and VOTER Cards.
3. This letter stands automatically nullified/cancelled at the time of despatch, if any discrepancy is found in medical/physical/both /lack of production of documents/hiding of facts.

Encls:One



(HARSH RATHORE)

Major
Adjt
MRC

